

Brighton Seniors

December Highlights

12/8 Trip to the Memorial Art Gallery Meet at the center and our bus will whisk us over to the Gallery for our 11 am tour which includes the visiting specialty exhibit of M.C. Escher's work. After the tour you can explore on your own for a while and we will go to the attached New Restaurant, The Brown Hound, at 12:45 pm for lunch. The cost of this trip is \$12 plus your lunch order. Please make your reservation (including lunch order) and payment by Tuesday, 12/6.

12/15 Mad Hatter's Annual Luncheon & Planning Party Recruiting new members for 2017! Bring ideas for next year's events. \$5 for Lunch & \$5 for 2016 membership dues.

12/29 End of the Year Bash! We will gather at 10:30 am in our center's Multipurpose Room to celebrate our time together in 2016. We will enjoy appetizers and sparkling juice, while we watch a slideshow of 2016 BSC memories, and hear live music from the Dick Stacy Duo. The fee of \$8 will confirm your reservation, due 12/20. If you have any 2016 photos you would like to share, please send them to emily.kelsey@townofbrighton.org or bring them to the center on CD by 12/20.

REMINDER: Hillside Pen Pal Program's Don Armstrong will be stopping in on the first and third Tuesdays around noon each month for pen pal exchanges, and to give any updates.

TUESDAY TRAVELER PROGRAM: Brighton Residents can get a ride in from home to the Center on Tuesdays & short trip days for a **\$4 round trip!** On Tuesdays, you will be picked up between **8:00 & 9:30 am**, then to the Center, where you are welcomed to partake in the free, weekly 10:15 am program, or enjoy free time. Lunch is at **11:30 am** with special guest presenter at **12:15 pm**. The Bus leaves the Center at 1:00 pm, at which point you may choose to get dropped off at **Tops/Loehmann's Plaza or Wegmans/Pittsford Plaza** (alternates each week—see this booklet's inside calendar for specification) for shopping, or return home. Any travel changes you need to make must be communicated as soon as possible. Please sign-up by **noon** the day before.

Our local transportation provider is PLATINUM LIMOUSINE SERVICE!

Patrons using Town Travel accommodations must be able to board independently

Please call Emily Kelsey at 784-5266 with last minute travel updates.



TUESDAY LUNCH BUNCH MENU & LINEUP



CATERED BY: **FULL BELLY DELI**



Tuesday Lunch Bunch: Please join us for our social Lunch Bunch group! You may choose to pack a lunch or sign-up for a delicious **\$6 lunch** catered by FULL BELLY DELI. See the menu for 11:30 am lunch and 12:15 pm entertainment line-up below. **Sign-up by noon on Monday required!** Your payment is needed by 11:20 am day-of or sooner. If you cancel after the Monday noon deadline, you are still responsible for payment (refund only issued if your meal is bought by someone else).

<p>12/6 Beef Stroganoff, Steamed Broccoli, Bread Roll, Brownies Monroe County Home Improvement Quick Information Session then Sing with Geoff Clough</p>	<p>12/13 Chicken French, Green Beans w/ Almond, Rice, Cannoli Q&A w/ Howard Weiss, Concert Master: Listen in about Beethoven stories and & Blind Musicians</p>	<p>12/20 Ham, Macaroni & Cheese, Mixed Veggie, Cranberry Crumble Dessert Christmas Stamps Collection with Florence Wright</p>	<p>12/27 Potato Latkes, Sour Cream, Apple Sauce, Powdered Sugar Donut Chanukah Songs w/ Bonnie Abrams & Allen Hopkins</p>
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Brighton Seniors December 2016

This month, we gather:

Brighton Farmers Market

Get out of the house, mingle, & get fresh produce!
Sundays 1 - 4 pm
November - May

Brookside Recreation Center 220 Idlewood Rd, Large Gym

◆ BRIGHTON REC WINTER/
SPRING 2017 BROCHURE
will be ready by mid-month! ◆

December Just-For-Fun

Includes fun celebrations &
holidays for the month:

Cookie Cutter Week

December 1-7
Be sure to check out the vintage cookie
cutter display case just inside our entrance!

Nobel Prize Day

December 10

Underdog Day

December 16

Chanukah Begins

December 24

Christmas

December 25

Kwanzaa Begins

December 26

New Years Eve

December 31

It's the most wonderful time of the year!

IMPORTANT NOTE: 12/8 HOLIDAY BANQUET is CANCELLED. Instead, we are hosting an **END OF THE YEAR BASH on DECEMBER 29th!** We hope you will join us as we celebrate 2016 together, and greet the start of 2017. If you have any 2016 photos you would like to share from our year together for the celebration, please turn them in by 12/20 so they can be included in our slideshow. More details on the back of this booklet!

GROUP ACTIVITY SPOTLIGHT on MEXICAN TRAIN DOMINOS This group has so much fun each week, & they have extended the invitation to anyone who'd like to join them. They will teach if you don't know how to play, just come on a Thursday at 1 pm, & introduce yourself!

GET INVOLVED WITH BRIGHTON YOUR WARDROBE, a clothing cupboard with the mission to provide clothing to individuals, families & children living within Brighton who are in need. They are currently seeking gently used winter gear including jackets, boots, scarves, mittens, gloves, and hats. They are located in the same building as our Senior Center—down the hall across from the Large Gym. Volunteers are vital to BYW success. If you want to volunteer, please call Jewish Family Service at (585)461-0110.



BRIGHTON RECREATION INCLEMENT WEATHER POLICY: All Brighton Recreation programs and classes are cancelled when Brighton Schools are closed due to weather. Watch local News Channels 10 or 13 for closing announcements or check out Brighton Recreation Department's website. Please use your best judgment and travel safely!

◆ You can **GO GREEN!** Sign-up today for the e-mailed calendar, newsletter, & updates by contacting Brighton Senior Program Coordinator by sending an e-mail to: Emily.Kelsey@TownofBrighton.org.

We wish you happy holidays
& a fun-filled December!



December 2016

Brighton Senior Program

Brookside Recreation Center ♦ 220 Idlewood Road ♦ Seniors Office 784-5266
Senior Citizens Program Coordinator ♦ Emily.Kelsey@townofbrighton.org

Monday

Tuesday

Wednesday

Thursday

Friday

CALENDAR KEY

CR Conference Room
SJMP St. John's Meadows Pool
* Shopping Opportunity part of Tues. Traveler Program detailed on the back page

A&C Arts & Crafts Room
MR Multipurpose Room
SL Senior Lounge

B Bus Trip
SG Small Gym
TCMS 12 Corners Middle School

I
R 10:30 Fitness for Seniors—LG
R 11:45 Yoga for Building Strong Bones—CR
F 1:00 Mexican Train Dominoes—SL
F 2:00 Open Group Games—MR

2
R 9&10:15 Water Exercise—SJMP
R 11:00 Zumba Gold—LG
F 1:00 Pinochle Group—MR
F 1 & 6:30 Open Pickleball—LG&SG

F This symbolizes **F**ree programming, please drop in!
R Full details about this program found in the seasonal Brighton Recreation Brochure... **R**egister online or in person (REC Office)
S Cost and/or advance sign-up through Emily Kelsey for this **S**pecial Event required



Monthly Birthday Party (Cake by Brookdale Brighton)

5 R 8:45 AARP Smart Driving—MR
F 10:30 & 1 Adv.&Open Pickleball—LG&SG
R 10:30 Knitting Class—CR
R 11:45 Gentle Chair Exercise—SL
F 1:00 Intermediate Bridge Group—MR

6 F 10:00 Caseworker—CR
**Tops Loehmann's Plaza*
F 10:15 **Wii Bowling Game**—SL
R 10:30 Fitness for Seniors—LG
F 12:00 Mon.County Home Imprvmt Prgm--MR
F 12:15 **Sing with Geoff Clough**—MR
R 12:45 Painting Concepts—A&C
F 1:30 Euchre Group—MR
R 6:30 Water Exercise Class—SJMP

7 R 8:45 AARP Smart Driving—MR
R 9 & 10:15 Water Exercise Class—SJMP
F 9:30 Needleworks—SL
R 10:30 Get Strong w/ Weights Class—LG
F 1:00 Open Scrabble—CR
F 1:00 Open Mah Jongg Groups—MR & SL
R 1:30 Zumba Gold—LG

8
S 10:30 **Visit Memorial Art Gallery**—B
R 10:30 Fitness for Seniors—LG
R 11:45 Yoga for Building Strong Bones—CR
F 1:00 Mexican Train Dominoes—SL

9
R 9&10:15 Water Exercise—SJMP
F 10:30 Short Story Circle—MR
R 11:00 Zumba Gold—LG
F 1:00 Pinochle Group—MR
F 1 & 6:30 Open Pickleball—LG&SG

12
F 10:30 & 1 Adv.&Open Pickleball—LG&SG
R 10:30 Knitting Class—CR
R 11:45 Gentle Chair Exercise—SL
F 1:00 Intermediate Bridge Group—MR

13
**Wegmans Pittsford Plaza*
S Euchre Group Holiday Party Carmen Clark Lodge
F 10:15 **Sing Along w/ Bobbie & Jon Turner**—SL
R 10:30 Fitness for Seniors—LG
F 12:15 **Q&A w/ Concert Master Weiss**—MR
R 12:45 Painting Concepts—A&C
R 6:30 Water Exercise Class—SJMP

14
R 9 & 10:15 Water Exercise Class—SJMP
F 9:30 Needleworks—SL
R 10:30 Get Strong w/ Weights Class—LG
F 1:00 Open Scrabble—CR
F 1:00 Open Mah Jongg Groups—MR & SL
R 1:30 Zumba Gold—LG
F 7:00 Needlepoint Guild—MR

15
R 10:30 Fitness for Seniors—LG
S 11:00 **Mad Hatter's Planning Luncheon!**
R 11:45 Yoga for Building Strong Bones—CR
F 1:00 Mexican Train Dominoes—SL
F 2:00 Group Games—MR

16
R 9&10:15 Water Exercise—SJMP
R 11:00 Zumba Gold—LG
F 1:00 Pinochle Group—MR
F 1 & 6:30 Open Pickleball—LG&SG

19 F 10:30 & 1 Adv.&Open Pball—LG&SG
R 10:30 Knitting Class—CR
R 11:45 Gentle Chair Exercise—SL
F 1:00 Intermediate Bridge Group—MR

20
**Tops Loehmann's Plaza*
F 10:15 **Left, Right, Center (bring 6 nickels!)**—SL
R 10:30 Fitness for Seniors—LG
F 12:15 **Christmas Stamps w/ Florence W**—MR
R 12:45 Painting Concepts—A&C
F 1:30 Euchre Group—MR
R 6:30 Water Exercise Class—SJMP

21 R 9&10:15 Water Ex Class—SJMP
F 9:30 Needleworks—SL
R 10:30 Get Strong w/ Weights Class—LG
F 1:00 Open Scrabble—CR
F 1:00 Open Mah Jongg Groups—MR & SL
~~No Painted Canvas~~

22
R 10:30 Fitness for Seniors—LG
R 11:45 Yoga for Building Strong Bones—CR
F 1:00 Mexican Train Dominoes—SL
F 2:00 Group Games—MR

23 R 9&10:15 Water Exercise—SJMP
F 10:30 Short Story Circle—MR
R 11:00 Zumba Gold—LG
F 1:00 Pinochle Group—MR
F 1:00 Open Pickleball—LG&SG
~~No Evening Pickleball~~

26
Brookside Recreation Center Closed

27 F 9:30 BP Clinic—CR
**Wegmans Pitts. Plaza*
F 10:15 **Balance Class w/ Cloverwood PT**—SL
R 10:30 Fitness for Seniors—LG
F 12:15 **Chanukah Tunes w/ Bonnie & Allen**—MR
F 1:30 Euchre Group—MR
~~No Water Exercise Today~~

28 F 9:30 Needleworks—SL
R 10:30 Get Strong w/ Weights Class—LG
F 1:00 Open Scrabble—CR
~~No Water Exercise Today~~

29
S 10:30 **END OF THE YEAR BASH!**—MR
R 10:30 Fitness for Seniors—LG
F 1:00 Mexican Train Dominoes—SL
F 2:00 Group Games—MR

30
~~No Water Exercise Today~~
F 1:00 Pinochle Group—MR
F 1 & 6:30 Open Pickleball—LG&SG

Corrected!