

TOWN OF
BRIGHTON
NEWSLETTER
& RECREATION AND PARKS BROCHURE
FALL 2016 PROGRAMS



Town of
Brighton



Resident Registration begins Tuesday, September 6 • Non-Resident Registration begins Tuesday, September 13

**TOWN BOARD - William Moehle, *Supervisor*
 James Vogel • Louise Novros • Jason DiPonzio • Chris Werner**

Town News..... 2-3, 35-36	Adult Fitness..... 18-20	Services For Seniors 28
From the Supervisor..... 2	Adult Programs 20-21	Community Resource Directory.. 28
Staff Directory 4	Historic Programs 22	Brighton Library News..... 29
Special Events 4-5	Senior Adult Programs 22-23	Park Facility Rentals..... 30
Preschool Programs 6-8	Senior Adult Fitness 23-25	Park Facilities 31
Youth Programs..... 9-13	Senior Adult Classes..... 25-26	How To Register 32
Youth Sports 13-17	Specific Interest Programs 26-27	Registration Form 33
Aquatics 17-18	Out of Town Bus Trips 27-28	General Information..... 34

Offices located in the Brookside School Recreation Center at 220 Idlewood Rd., Rochester, NY 14618
 Send us Email at brighton.recreation@townofbrighton.org
 Contact Department of Recreation & Parks at 784-5260



From Brighton Town Supervisor

William Moehle



Writing this update for the Fall Newsletter on one of the many 90 degree days this summer, it is difficult to envision autumn weather and the back to school season. Years of experience teach us that once Labor Day comes, not only does the weather begin to change, but so do our schedules. The last days of summer and first days of fall are always a busy time for families, and they also are a busy time in Town Hall. Town recreation programs and public works efforts transition from summer to fall, we develop the Town Budget, ensuring that we maintain our strong financial position and quality Town services while minimizing the impact on taxes, and we focus police efforts on traffic safety, particularly for returning school children.

The Brighton Recreation Department After School Program will resume at the beginning of the school year. The After School Program is a NYS Licensed Program for students in grades 1 through 5, located at Brookside School on days that the Brighton Central School District is open for a full day. There are separate school recess programs during winter and spring recess periods. The After School Program offers indoor and outdoor activities for school age children after school, and is especially convenient for parents with irregular schedules because it does not require a long-term contract or commitment. Your child can be dropped off by bus from either French Road or

Council Rock Schools. All children must be picked up from the After School Program not later than 6pm. Fall is also a great time for experiencing the beauty of our Town parks, including especially the new Sandra L. Frankel Nature Park and the Brickyard Trail, located on Elmwood Ave. near Town Hall.

Every fall, our Highway Department crews transition from picking up lawn and garden debris to autumn leaf pickup. This fall we will deploy for the first time a "leaf-vac" system on a trial basis, to further improve our performance during the leaf removal season. We have in recent years restored overtime hours for leaf pickup, and we hope you have seen the improvement in service. As always, our trucks will make three to four complete trips for bulk leaf pickup through the entire Town this fall. The Highway Department posts daily updates on the Town website showing where they are working that day and the next. To make leaf pickup safer and more efficient, please containerize leaves wherever possible, particularly small quantities. Containerized materials are neater and are picked up more frequently than bulk material. It is illegal and unsafe to place leaves or debris in the street. If you cannot containerize, please place leaves and debris on your lawn near the street. Leaves and debris left in the street can clog storm sewer drains, leading to neighborhood flooding, and they are also unsafe to cyclists, pedestrians and drivers. Finally, if you use a landscape company,

encourage them to haul leaves and debris directly to the Town mulching center on Browncroft Blvd. This will keep your neighborhood cleaner and will help us keep our streets safer for everyone.

Speaking of safe streets, fall brings school buses and school children walking to and from school. Traffic safety is important throughout the year, but especially so during the fall. Our Brighton Police Crossing Guards do outstanding work in keeping our children safe, but they can't do it alone. Now that kids are back in school it is more important than ever to observe safe speeds, never drive distracted and watch for pedestrians of all ages. Pedestrians have the right of way in crosswalks; never try to turn in front of them. In particular, police will be watching for drivers that pass school buses illegally. Our children are our future...we owe it to them and to ourselves to keep them safe!

One thing never changes from season to season; Brighton's commitment to provide quality services and open government to our residents. We never forget that we work for you, the people of Brighton, and we welcome your input and participation in *your* Town government. Watch our Brighton Town Board meetings, including Town budget hearings, on Channel 12 or our Town of Brighton You Tube channel. If you have questions or comments about the Town, feel free to email me at William.moehle@townofbrighton.org and I will do my best to answer your questions or refer you to someone else on Town staff that can.

Lake Ontario needs heroes.

Find out more at **H2OHero.org**

AdCouncil



Please Don't Create A Traffic Hazard!

As we transition into Fall and Winter, we want to remind all of our residents of the rules and regulations that provide for your safety and for the safety of the traveling public on main roads and neighborhood streets within the Town of Brighton.

Yard debris piles, including leaf piles, placed onto the roadway or containers placed on shoulders or in gutters, are a safety hazard for bicyclists, pedestrians and motorists.

Loose yard debris must be in containers and brush stacked in neat bundles weighing less than 60 pounds. Place brush and garden debris at the curb in containers or paper bags – not plastic – or stack in a neat pile no more than eight feet long and free of sod, dirt or wire. The town does not

collect grass clippings. Please mulch or compost your clippings. Please do not place garden debris in the road or on the shoulders, it is illegal to place yard debris anywhere on paved roadways. Small amounts of yard debris will not be picked up unless it is containerized. The **Winter Parking Ordinance** is in effect from November 1st to April 15th, from 2:00 AM until 7:00 AM. No parking is permitted on or within three (3) feet of town roads so as not to interfere with snowplowing activities. The Brighton Police Department can issue tickets for illegally parked vehicles, so please remember to park off street during these times.

If you use the services of a **private snowplow contractor** to clear your driveway, please remind them not to plow the snow into the street (which

is illegal), not to plow the snow onto someone else's property and not to block fire hydrants and sidewalks. Also note that it is the responsibility of the homeowner to clear the sidewalk area in front of their homes if they are not part of a sidewalk snow removal district.

It is the **Town's policy** to repair mailboxes damaged by town plows during snowplowing operations or to replace them with standard rural mailbox and post. Since there is no legal authority which grants an owner the right to place a mailbox along a public road in the right-of-way, our *repairs and replacements are done as a courtesy*. The one-piece plastic post/box combinations or any type of custom mailboxes will be replaced with our standard post and box.

Limited Income Senior and Enhanced STAR Exemption Renewal Time

For Limited Income Seniors and **Non-Automatic** Renewal Enhanced STAR Exemption holders, the Town of Brighton Assessor's office will soon mail the Enhanced STAR Exemption renewal applications and the Real Property Tax Exemption for Seniors with Limited Income renewal applications. Please take note that March 1 is the filing deadline for all Real Property Tax Exemptions, but early filing is always suggested and appreciated.

Note that these exemptions are for owner-occupied primary residences. Please note that income, as described by New York State for the Seniors with Limited Income, has a different definition than income for income tax filing.

Some other real property tax exemption examples include:
Disability – Annual Renewal Required (*income detail is similar to Seniors with Limited Income filing requirements*)

Veteran – One time filing (unless you move – updates of disability ratings may require notification of assessor's office)

Please call (585) 784-5215 if you have any questions about exemptions or any other assessment related issues.

Thank You

Town of Brighton Budget Hearings

The Town Board will hold two public hearings on the 2017 Budget at the October 13, 2016 and October 26, 2016 Town Board Meetings. These hearings will solicit public input on the

Operating Budget and Special District Assessments. Town Board meetings begin at 7:00 pm and are held at Town Hall 2300 Elmwood Avenue. Copies of the preliminary budget will be available for review

in the Office of the Town Clerk and on the town website at www.townofbrighton.org prior to the public hearings. Please call Daniel Aman, Town Clerk at 784-5240 for additional information.

Brighton Recreation & Parks Staff Directory

Rebecca Cotter, Recreation Director
784-5276 – rebecca.cotter@townofbrighton.org

Matt Beeman, Superintendent of Parks
784-5262 – matt.beeman@townofbrighton.org

Emily Kelsey, Senior Citizen Program Coordinator
784-5266 – emily.kelsey@townofbrighton.org

Katie Tytler, Aquatic Recreation Supervisor
784-5269 – katie.tytler@townofbrighton.org

Michele Aman, Recreation Supervisor
784-5261 – michele.aman@townofbrighton.org

Clerk, 784-5265, 784-5381 TTY

Mark Kritall, Sr. Recreation Attendant, 784-5263

Rich Wagner, Recreation Attendant, 784-5267

Dave Shufelt, Recreation Attendant, 737-1417

Dave Shaw, Recreation Attendant, 208-3343

Community Connection

Contact information you can use. These groups are not affiliated with the Town of Brighton, but are privately run organizations.

BRIGHTON BASEBALL

Tom O'Rourke: 242-0470 • bluechip@frontiernet.net
www.brightonbaseball.org

BRIGHTON JR. Barons Football

Grant Mark
www.brightonjrbarons.com

BRIGHTON BOYS YOUTH LACROSSE CLUB

Fritz Minges: 244-6321 • minges@frontiernet.net

BRIGHTON GIRLS YOUTH LACROSSE CLUB

Jen Hobbs • jfelber1@rochester.rr.com

BRIGHTON SOCCER

Mike Tullio: 764-6762
www.brightonsoccer.com

BRIGHTON STORMERS

SOCCER CLUB/TRAVEL SOCCER
Greg Lull: 303-9987 • www.stormerssoccer.com

BRIGHTON ROWING CLUB

Stephanie Siegrist • 329-3308 • volunteer@brightoncrew.org

HISTORIC BRIGHTON

www.historicbrighton.org

METRIX MARKETING

Foster Parent Information • 334-9096

ROCHESTER DOLPHINS SYNCHRONIZED SWIM TEAM

rochesterdolphins@gmail.com • www.rochesterdolphins.org

STONE-TOLAN HOUSE

2370 East Ave., 14610 • Open for visitors Fridays & Saturdays
noon-3pm; March through December. 546-7029 ext. 14
www.landmarksociety.org

Special Events

HOMEcomings 2016!

Friday, September 16

6:15 pm Parade

Join Brighton Recreation as we celebrate Homecoming 2016 with BCSD. We are looking for interested families/participants to walk with us during the Homecoming Parade on Friday! **Children must be accompanied by an adult.** Please email: brighton.recreation@townofbrighton.org if you would like to join us!

OPEN SKATE

Brighton Residents only! Participants must register through Brighton Recreation with proof of residency. Skate rental is available through the Bill Gray's Regional Iceplex. Fee is per family and only a limited number of skates are available. The Bill Gray's Regional Iceplex is located at 2700 Brighton-Henrietta Townline Road Rochester, NY 14623. **PLEASE NOTE: Fee is per family. FAMILY DISCOUNT WILL BE APPLIED AT THE END OF ONLINE TRANSACTION.** Please call the Recreation Office at 784-5260 with questions.

Program #: 3000.316
Ages/Grade: All Ages
Days: Tuesday
Dates: September 6 - December 27
Time: 1:00 - 2:50 pm
Fee: \$22 / Family (17 Weeks)
Location: Bill Gray's Iceplex Ice Rink
Instructor: Bill Gray's Iceplex Staff

SENSORY FRIENDLY TRICK OR TREATING

For our young friends who may be overwhelmed by traditional trick or treating and all the activities of our annual Fall Festival. This is a low key trick or treating experience that will take place the evening before our Fall Festival at the Brighton Town Hall. Lights will be on, there will not be any music, costumes not required. Includes trick or treating in our Halloween Houses, a craft project, and light refreshments.

Day: Friday
Date: October 21
Time: 4:00 - 5:00 pm
Fee: FREE, but please register online
Please bring a non-perishable food item for the Brighton Food Cupboard.
Location: Brighton Town Hall Complex

Coming to Class?

Please bring a non-perishable food item to donate to the Brighton Food Cupboard. Collection bins are located at Brighton Recreation, Brighton Town Hall and all BCSD buildings!



FALL FAMILY FESTIVAL

With Brighton Recreation Department & Brighton Memorial Library

Come celebrate the fall season with us in the Brighton Town Hall complex. The Recreation Department and the Brighton Memorial Library will provide your ghosts and goblins a howling good time. Join us in a child friendly costume for trick or treating in our "safe neighborhood", music, and more! Check out the Town Website for a complete schedule of activities. Please call 784-5260 to let us know that your family will be attending. (Sponsored by the Town of Brighton, the Friends of Brighton Memorial Library and Maria Aslani Breit Pediatric Dentistry). Community businesses and organizations may sponsor a "Halloween House" for \$35 which includes the house, decorations and candy to give to the Trick or Treaters. Please call the Recreation Department at 784-5260 to sponsor a house or to volunteer for this community event.

Day: Saturday
Date: October 22
Time: 10:00 - 11:30 am
Fee: FREE, but please register online
Please bring a non-perishable food item for the Brighton Food Cupboard.
Location: Brighton Town Hall Complex/
Brighton Memorial Library
2300 Elmwood Ave.

HALLOWEEN HAPPY HOUSE

Have you always wanted to go to the "Haunted Grounds at the Buckland Farmhouse" but were too scared to go at night? Join us at our day time Happy House. It's surprisingly spooky but not scary. All the features from the evening program will be set up with the lights on. This will be one hour dedicated to our younger participants.

Ages/Grade: All Ages
Days: Friday
Dates: October 28
Time: 5:00 - 6:00 pm
Fee: Free, donations accepted on site,
please bring a non-perishable food item
Location: Buckland Farmhouse, 1341 Westfall Road

HAUNTED GROUNDS AT BUCKLAND FARMHOUSE

Join us for our annual Halloween event at Buckland Park. Enjoy a family friendly hayride to the Buckland Farmhouse and try not to get spooked! The wagon ride to the Farmhouse will leave from the Buckland Park Concession Building in 10 minute intervals. Once on the grounds, those who are brave enough are invited to take a tour of the Haunted Buckland Farmhouse...but beware! Donations for the event and the Brighton Food Cupboard will gladly be accepted.

Ages/Grade: All Ages
Days: Friday
Dates: October 28
Time: 6:00 - 9:00 pm
Fee: Free, donations accepted on site,
please bring a non-perishable food item
Location: Buckland Farmhouse, 1341 Westfall Road

MAKE A DIFFERENCE DAY

Brighton Cemetery, located at the end of Hoyt Place off Winton Road near I-490 is the burial ground for Brighton's pioneers. Participate in national Make a Difference Day by beautifying the Brighton Cemetery! Individuals and groups are welcomed; great community service opportunity for high schoolers to fulfill their health requirement! Refreshments are provided but please bring your own gloves and rakes. Volunteers must be at least 12 years old; an adult must accompany volunteers 12-17 years old. Please bring your own rakes and gloves.

Program #: 3505.316
Ages/Grade: 12 yrs and over
Days: Saturday
Dates: October 22
Time: 1:00 - 4:00 pm
Fee: Free, but registration required (1 Day)
Location: Brighton Cemetery meet at front gate

FRIDAY WITH FROSTY

Spend Friday night with Frosty. We will keep warm with hot cocoa and cookies, and make fun Frosty crafts. Don't forget your camera to get your picture taken with our very own Frosty the Snowman.

Program #: 4993.316
Ages/Grade: All Ages
Days: Friday
Dates: December 9
Time: 6:30 - 8:00 pm
Fee: \$6 / Person (1 Day)
Location: Brighton Town Park Carmen Clark Lodge
Instructor: Recreation Staff

TABLETOP GAME NIGHTS

There has been a revolution in gaming in the past 25 years. "Euro Games" have developed fast, and different forms of entertaining board games. Join Brighton Recreation and Boldo's Armory to try many new kinds of board games. There will be game moderators to teach you the rules of each. If you like a certain game you have the option to buy it on site. Great opportunity to do something new with friends. Sign up once and come once a month.

Program #: 3260.316
Ages/Grade: 18 yrs and over
Days: Every 3rd Thursday
Dates: September 15
October 20
November 17
December 15
Time: 6:15 - 9:00 pm
Fee: \$25 (4 Days)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Recreation Staff



Register Online
www.townofbrighton.org/rec

Preschool Programs

CLAP & PLAY

We will have the gym all to ourselves for singing, playing instruments and marching to the Dinosaur Song. That's not all, there will be plenty of time to play with all the different sports balls, try some tumbling over the mats and play a parachute game each week. We will even create a big, artistic banner to hang in our gym. **Parent participation required.**

Program #: 4886.316
Ages/Grade: 1 - 5 yrs
Days: Thursday
Dates: November 10 - December 22
No Program: 11/24
Time: 10:15 - 11:20 am
Fee: \$48 (6 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: Mary Slaughter

FALL INTO ART

Celebrate a colorful season with different kinds of paint, brushes and projects! During our last class we will have an edible art project! Smocks recommended. \$5 materials fee due on the first day, payable to instructor. **Parent participation required.**

Program #: 4225.316
Ages/Grade: 2 - 5 yrs
Days: Wednesday
Dates: September 21 - November 2
No Program: 10/12
Time: 10:30 - 11:05 am
Fee: \$48 (6 Weeks)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Mary Slaughter

FAMILY CIRCUS YOGA

Giggle and grow in this fun and unique class designed for families. Together, you'll enjoy practicing yoga with partner balancing, poses in the aerial hammocks and traditional yoga poses through storytelling and play. Aerial Arts studio is located at 565 Blossom Road, Suite Z, Rochester NY.

Program #: 2026.316
Ages: 4 - 7 yrs
Days: Thursday
Dates: October 6 - November 10
Time: 5:50 - 6:30 pm
Fee: \$96 / parent and 1 child participant (6 Weeks)
Location: Aerial Arts of Rochester Studio
Instructor: Kimberly Fleischhauer

FESTIVE ART

Is someone excited for the upcoming holidays? We will create holiday themed crafts and art to celebrate! Good fun for girls and boys. We'll stay active with paints, play dough, glue and glitter! All supplies and materials provided so you can leave the mess behind! Bring a smock to each class and a plastic bag to bring home projects. **Parent participation required.**

Program #: 4927.316
Ages/Grade: 2 - 5 yrs
Days: Wednesday
Dates: November 9 - December 21
No Program: 11/23
Time: 10:35 - 11:05 am
Fee: \$48 (6 Weeks)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Mary Slaughter

HAPPYFEET SOCCER

HappyFeet Rochester is part of the growing family of HappyFeet programs that started in Kansas City. HappyFeet classes are a developmentally appropriate physical fitness program for children ages 2-5. Our partnership with The Rochester Futbol Club allows further training for children ages 6-8. The HappyFeet /Little Lions program includes a soccer game. Our trained soccer coaches offer 30-60 minute classes each week with a structured curriculum designed to engage young children's sense of imagination and fun while building soccer skills like balance and ball control. Through storytelling and creative games, we promote sportsmanship, and challenge kids to work on new skills. They will make new friends with other kids in class as well as with our soccer ball, "Bob the Bobcat".

Days: Tuesday
Location: Brookside Recreation Center
Small Gymnasium
Instructor: HappyFeet Soccer

Program #: 4178.316
Ages: 2 - 3 yrs
Dates: September 20 - November 22
No Program: 10/4 & 11/8
Time: 10:30-11:00 am
Fee: \$90 (8 Weeks)

Program #: 4179.316
Ages: 4 - 5 yrs
Dates: September 20 - November 22
No Program: 10/4 & 11/8
Time: 11:00 - 11:30 am
Fee: \$90 (8 Weeks)

Program #: 4180.316
Ages: 2 - 4 yrs
Dates: September 20 - November 22
No Program: 10/4 & 11/8
Time: 5:30 - 6:00 pm
Fee: \$90 (8 Weeks)

Program #: 4181.316
Ages: 5 - 8 yrs
Dates: September 20 - November 22
No Program: 10/4 & 11/8
Time: 6:00 - 7:00 pm
Fee: \$99 (8 Weeks)
Location: Brookside Recreation Center
Large Gymnasium



www.facebook.com/BrightonRecreation

INTRODUCTION TO MUSIC

Does your child love music? Introduce them to the world of rhythm and beat using a variety of instruments including triangles, bells, maracas, and drums. Get to know new songs to dance and march to as well as classic favorites to sing along with all our new friends. **Parent participation required.**

Ages/Grade: 1 - 4 yrs
Time: 9:30 - 10:00 am
Fee: \$48 (6 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: Mary Slaughter

Program #: 4221.316
Days: Wednesday
Dates: September 21 - November 2
No Program: 10/12

Program #: 4223.316
Days: Thursday
Dates: September 22 - November 3
No Program: 10/13

LITTLE KICKERS & DRIBBLERS

Fun for all! Learn essential skills and have fun dribbling and shooting for SOCCER and BASKETBALL!

Ages/Grade: 2 - 4 yrs
Fee: \$48 (6 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: Mary Slaughter

Program #: 4801.316
Days: Wednesday
Dates: September 21 - November 2
No Program: 10/12
Time: 10:00 - 10:30 am

Program #: 4901.316
Days: Thursday
Dates: November 10 - December 22
No Program: 11/24
Time: 9:45 - 10:15 am

OPEN GYM

The gym is yours! Run, climb and scooter to socialize and exercise. Balls, hoops, tunnels and lots of fun things will be available for busy bodies. A chilly and rainy weather must. **Parent participation required.**

Ages/Grade: 1 - 5 yrs
Days: Thursday
Time: 10:35 - 11:20 am
Fee: \$38 (6 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: Mary Slaughter

Program #: 4980.316
Dates: September 22 - November 3
No Program: 10/13

Program #: 4990.316
Dates: November 10 - December 22
No Program: 11/24

PRESCHOOL ADVENTURES - KIDS IN THE KITCHEN

Does your little one love to help in the kitchen? In this class toddlers and pre-schoolers will be able to make their own snacks by following simple instructions. They will be encouraged to mix, measure, create and taste new foods. Adults will learn some creative ways to serve old favorites. Each week will center around an age appropriate theme. We will also have a story, craft and games. Children will practice following directions, listening to a teacher, taking turns and using classroom materials appropriately in a relaxed environment with their caregiver. Colors, numbers and shapes will be discussed as well. Come join us for a fun class led by a pre-school teacher with a BS in Early Childhood Education. **Parent participation required.**

Program #: 4280.316
Ages: 2 - 5 yrs
Days: Mondays
Dates: October 24 - November 14
Time: 10:00 - 11:00 am
Fee: \$52 (4 weeks)
Location: Buckland Park Lodge
Instructor: Sherry Murray

PRESCHOOL ADVENTURES

Preschool Adventures is a unique class that is designed as a non-stressful way for children to be introduced to the preschool experience. Each week is centered on a theme. The class begins with a story to introduce the children to that day's lesson. Often we have finger plays or a song at this time as well. The child and their adult will rotate through 4-5 tables which will contain age appropriate crafts and activities. Everything is open ended and creative, and relates back to the day's theme. We close with a large motor activity and the goodbye song. This class is led by a teacher with a BS in Early Childhood Education.

Program #: 4112.316
Ages: 2 - 5 yrs
Days: Mondays
Dates: November 21 - December 12
Time: 10:00 - 11:00 am
Fee: \$52 (4 weeks)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Sherry Murray

SENSORY/SCIENCE CLASS

This sensory and science class will thrill your young children. They get to explore a variety of materials with their senses. They will explore slimy things, ooey gooey things, wet and dry things, rough and smooth things and more! They will experience chemistry and physics as they play and explore the natural materials provided. Things will go fizzle and pop, things will go fast and slow, things will roll and fly. Children will learn concepts such as absorption, displacement, measurement, cause and effect, sensory and tactile awareness, solid, liquid, suspension, drainage, conservation, volume, mass, saturation, estimation and the learning goes on and on.

Program #: 4189.316
Ages/Grade: 2 - 5 yrs
Days: Friday
Dates: September 23 - October 14
Time: 9:45 - 10:45 am
Fee: \$52 (4 Weeks)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Drew Beeman, Progressive Early Learning

STEAM FOUNDATIONS

This class provides a fun, meaningful and relevant playful learning experience for young children. We provide materials and activities that lay the foundation for *S.T.E.A.M. learning. *(S)cience, (T)echnology, (E)ngineering, (A)rts, and (M)ath. Children will learn concepts and practice skills through hands-on exploration and play, such as creative problem solving, critical thinking, self-regulation, pre-math and science, sensory experience, construction and more. We provide experiences with blocks and loose parts, process oriented art, sensory and science, dramatic/pretend play, language and literacy.

Program #: 4188.316
Ages/Grade: 2 - 5 yrs
Days: Thursday
Dates: October 20 - November 10
Time: 4:15 - 5:00 pm
Fee: \$52 (4 Weeks)
Location: Brookside Recreation Center Tot Room
Instructor: Drew Beeman

STORY TIME TRAMPOLINE

Stories will come to life as your child bounces their way into the shoes of some of their favorite characters. They will stay active and engaged with safely guided movement. You will see their imaginations grow as they enter into the world of Buzzalynn the Bee, Blast off to the Moon with Max the Mouse and even get stuck inside a video game adventure! All children have their own personal trampoline with padded chords. Aerial Arts studio is located at 565 Blossom Road, Suite Z, Rochester NY.

Program #: 2025.316
Ages: 3 - 5 yrs
Days: Tuesday
Dates: October 4 - 25
Time: 5:00 - 5:30 pm
Fee: \$42 (4 Weeks)
Location: Aerial Arts of Rochester Studio
Instructor: Aurora Quinn

TODDLER TIME

Join your child for a full hour of supervised free play and circle time while encouraging motor and social development, self confidence, and FUN through the use of age appropriate play equipment, songs, and chants. Sneakers must be worn by toddlers and parents. Parent or Guardian must accompany the child and must be an active participant!

Ages/Grade: 1 - 4 yrs
Days: Tuesday
Time: 9:15 - 10:15 am
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Sandy Castelein
Program #: 4568.316
Dates: September 20 - November 1
No Program 10/4 & 10/11
Fee: \$30 (5 weeks)
Program #: 4569.316
Dates: November 15 - December 20
Fee: \$36 (6 weeks)

TOTS & TRUCKS

Bring your friends and neighbors and meet some new ones. We will have trucks to excite your little ones, including trucks from the Brighton Highway Department, Ambulance, Fire Truck, Police Car, School Bus and more! Tots can use up their toddler energy in Open Gym immediately following. Don't miss out on our truck party on the last day of the program with face painting and lots of fun! Bring your tots dressed for the weather since we will be going outside to see our special entertainment. **Parent participation required.**

Program #: 4327.316
Ages/Grade: 1 - 6 yrs
Days: Thursday
Dates: September 22 - November 3
No Program: 10/13
Time: 10:35 - 11:20 am
Fee: \$49 (6 Weeks)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Recreation Staff

TUMBLING TIGERS

A dynamite gym class for little ones to improve gross motor skills through gymnastic, tumbling, and jumping using preschool adaptations of bars, balance and vaulting. Preschool concepts like counting, opposites and colors are also incorporated into all our gym classes! Tumbling is the best way to develop balance, strength and coordination in these young learners.

Ages/Grade: 20 months - 5 yrs
Time: 10:00 - 10:30 am
Fee: \$48 (6 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: Mary Slaughter
Program #: 4227.316
Days: Thursday
Dates: September 22 - November 3
No Program: 10/13
Program #: 4228.316
Days: Wednesday
Dates: November 9 - December 21
No Program: 11/23

WIGGLES, GIGGLES AND JIGGLES

Fun movement activities, music, games, stories and rhymes that promote gross motor skills, following directions, decision making, self confidence and social interaction. Learning is fun and natural with positive peer interaction. The gymnasium is turned into a fun learning camp. Come join the fun! A great preschool and kindergarten readiness class. A peanut free snack is provided. Bring sneakers and water. Baby siblings in front packs or car seats welcomed. **Parent participation required.**

Ages/Grade: 2 - 4 yrs with parent/care-giver
Days: Tuesday
Fee: \$79 (7 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Lisa Magliato
Program #: 3046.316
Dates: September 13 - November 1
No Program: 10/4
Time: 1:00 - 2:00 pm
Program #: 3047.316
Dates: November 8 - December 20
Note: 11/8 in Small Gymnasium
Time: 1:00 - 2:00 pm

Youth Programs

AFTERSCHOOL PROGRAM

The Brighton Recreation Afterschool Program is a Licensed School Age Child Care Program. This is a structured recreation program for children from the time the afternoon buses drop them off at Brighton Recreation until 6:00 pm. Activities include games, arts and crafts, sports, special events, tournaments and time for homework for those who wish to keep up with their studies. Children can be registered each month for one to five days a week. Program follows Brighton school calendar. Spaces are filled on a first come first served basis. Transportation to the Afterschool Program may be made through the BCSD transportation office. Please call the Recreation Department at 784-5260 for detailed information and a program brochure. Children who participate in other Afterschool activities at Brighton Recreation will be escorted to and from them by Afterschool staff, and will receive a discount on your Afterschool enrollment for that day. Please stop by the Recreation office for more details.

Grades: 1 - 5
Dates: Brighton School District full days at the end of the school day until 6 pm
Location: Brookside Recreation Center
Director: Recreation Staff

FULL DAY FUN DAY

Don't sit at home on your days off, come play at Brighton Rec. Join us on your days off for lots of fun, games and crafts. Participants must wear sneakers, bring a nut free bag lunch and snack.

Ages/Grade: 1st - 5th Grade
Time: 8:30 am - 5:30 pm
Fee: \$45 (1 Day)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Recreation Staff

Program #: 3389.316
Days: Monday
Dates: October 3

Program #: 3390.316
Days: Tuesday
Dates: October 4

Program #: 3391.316
Days: Monday
Dates: October 10

Program #: 3387.316
Days: Tuesday
Dates: October 11

Program #: 3388.316
Days: Wednesday
Dates: October 12

HALF DAY HOOPLA

Stumped on what to do with your child on early dismissal days? Let them spend the afternoon with us playing in the gym, creating craft projects, eating lunch and having a snack. All the fun you expect from Brighton Recreation packed into one afternoon. Students should wear sneakers, bring a nut/peanut free bag lunch and snack. Students may be bused here directly from school. Please contact the BCSD Transportation Office.

Ages/Grade: 1st - 5th Grade
Days: Friday
Time: 11:45 am - 5:30 pm
Fee: \$30 (1 Day)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Recreation Staff

Program #: 3384.316
Dates: November 18

Program #: 3383.316
Dates: December 9

FANTASTIC FALL

Join us as we create fall themed crafts and snacks! We will spend the morning being creative making unique snacks that will surprise our friends and will create fall themed decorations for your family to enjoy. All supplies and materials provided.

Program #: 2021.316
Ages: 7 - 10 yrs
Days: Tuesday
Dates: October 11
Time: 9:00 am - 12:30 pm
Fee: \$40 (1 Day)
Location: Brookside Recreation Center Tot Room
Instructor: Peggy Pollizi

BABYSITTER'S TRAINING

This course teaches roles and responsibilities of the babysitter, including skills in accident prevention, basic first aid and emergency recognition including a demonstration of CPR and abdominal thrusts for choking victims. Learn to troubleshoot solutions to the most common problems a babysitter faces. Students are taught through classroom discussion, instructor lecture, supplemented by an interactive video presentation. Each student will receive a workbook, and a Babysitter's certification card after successful completion of the course. Please bring paper, pencil, a peanut free bag lunch and a self-addressed stamped envelope.

Ages/Grade: 11 - 16 yrs
Time: 9:00 am - 2:00 pm
Fee: \$57 (1 Day)
Location: Brookside Recreation Center Tot Room
Instructor: EPIC Trainings

Program #: 3400.316
Days: Monday
Dates: October 3

Program #: 3401.316
Days: Tuesday
Dates: December 27

Programs that have not met their minimums one week prior to start date will be **CANCELLED**.

Please register early!

SAFETY DAY

Sign up for the entire day of Epic Trainings: *Social Networking Safety, First Aid for Kids, and Home Alone Safety*. There will be a supervised lunch at 12:00 pm. Please bring a nut free lunch.

Program #: 3354.316
Ages/Grade: 7 - 14 yrs
Days: Tuesday
Dates: October 4
Time: 9:00 am - 2:30 pm
Fee: \$65 (1 Day)
Location: Brookside Recreation Center Tot Room
Instructor: EPIC Trainings

SOCIAL NETWORKING: INTERNET SAFETY

While a great source of entertainment and convenience, many Social Networking tools such as: Facebook, YouTube, IM, Text Messaging or Online Gaming often put our children at risk. Through open discussions, group exercises, written materials and real life video documentaries we will teach your child the importance of being safe while networking. Topics of discussion include: Keeping Your Identity Safe, Cyber, Texting and Gaming Bullying, and Offline Repercussions. Please bring a nut free lunch if you are signed up for the Safety Day. There will be a supervised lunch between 12:00 - 12:30 pm.

Program #: 3366.316
Ages/Grade: 10 - 15 yrs
Days: Tuesday
Dates: October 4
Time: 9:00 - 10:30 am
Fee: \$27 (1 Day)
Location: Brookside Recreation Center Tot Room
Instructor: EPIC Trainings

FIRST AID FOR KIDS & SCOUTS

Taught by EMTs and Paramedics; this course teaches 8-14 year old participants the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks and treatment for heat & cold emergencies. Also addressed are several common medical emergencies found in many schools today such as: food allergies,



diabetes, seizures and asthma. This course meets requirements for several Boy/Girl Scout badges. Note: Please bring a nut free lunch if you are signed up for the Safety Day. There will be a supervised lunch between 12:00 -12:30 pm.

Program #: 3366.316
Ages/Grade: 8 - 14 yrs
Days: Tuesday
Dates: October 4
Time: 10:30 am - 12:00 pm
Fee: \$27 (1 Day)
Location: Brookside Recreation Center Tot Room
Instructor: EPIC Trainings

HOME ALONE SAFETY: WHEN I'M IN CHARGE

Designed to teach children who are home alone, the importance of behaving responsibly. Topics include but are not limited to first aid, what to do when a stranger comes to the door, telephone tips, internet safety, as well as how to react during a variety of emergencies. We will also discuss knowing when and who to call in an emergency. Includes a workbook. Knowing when your child is ready to stay home alone is a difficult decision, but preparation can make the transition much easier for you and your child. Please bring a nut free lunch if you are signed up for the Safety Day. There will be a supervised lunch between 12:00pm - 12:30pm.

Program #: 3361.316
Ages/Grade: 7 - 14 yrs
Days: Tuesday
Dates: October 4
Time: 12:30 - 2:30 pm
Fee: \$27 (1 Day)
Location: Brookside Recreation Center Tot Room
Instructor: EPIC Trainings

COLUMBUS DAY ROCK CLIMBING

Led by Rock Ventures Staff, your child will learn the basics or build upon the skills they already have. The class is ideal for participants of all skill levels. Participants will be split by ability so that they can progress at their own pace and skill level. Along with rock climbing, students will be traversing the indoor high ropes course, rappelling from a 42 ft platform, learning climbing knots, and climbing additional high elements available at Rock Ventures. All equipment will be provided including: climbing shoes, harness, and climbing helmet. Students should bring a water bottle and their own bike helmet if they have one. Please wear comfortable loose fitting clothing. Please fill out the online waiver prior to class at <http://rockventures.net/indoor-climbing>. Classes held at Rock Ventures, 1044 University Ave. *Optional: Bring \$5 for lunch for the full day program.

Ages/Grade: 6 - 13 yrs
Days: Monday
Dates: October 10
Fee: \$70 (Half Day)
\$90 (Full Day)
Location: Rock Ventures Classroom
Instructor: Rock Ventures Staff

Program #: 3008.316
Time: 8:00 am - 12:00 pm (Half Day)

Program #: 3009.316
Time: 1:00 - 5:00 pm (Half Day)

Program #: 3010.316
Time: 8:00 am - 5:00 pm (Full Day)

Inclement Weather Policy:

All afterschool activities will be cancelled if Brighton Central Schools close early. If school lets out at regular time we will have classes as usual. Watch News10 NBC for weather closing announcements and check the Recreation Department Facebook Page.

DECEMBER RECESS CAMP

A recreational recess camp filled with games, sports, arts and crafts and special events. Each day will have new surprises. Participants should wear sneakers, bring a nut free lunch and a snack. Parents are required to fill out emergency contact information the first day of camp.

Grades: 1st – 5th Grade
Time: 8:45 am - 5:00 pm
Fee: \$32 / Day
Location: Arts & Crafts Room at Brookside
Instructor: Staff Recreation

Program #: 4013.316
Days: Friday
Dates: December 23

Program #: 4016.316
Days: Tuesday
Dates: December 27

Program #: 4015.316
Days: Wednesday
Dates: December 28

Program #: 4012.316
Days: Thursday
Dates: December 29

Program #: 4019.316
Days: Friday
Dates: December 30

ARTFUL KIDS PAINTING ON CANVAS

Learn painting on canvas skills from professional illustrator and artist, Gloria Kreitzberg of Splash MOB Painting Parties. Artful Kids teaches young artists and non-artists alike how to paint expressively with acrylics on canvas. Kids have FUN while learning real painting techniques and color mixing that they can carry with them in their regular school art programs. Call 585-310-2584 for more information. Leave your name and email address and we will answer any questions you may have. Your kids will love this class. Kids may bring a drink. Cookies are supplied for a snack. Wear clothes that you will not mind having your child get NON-WASHABLE paint on.

Program #: 4190.316
Ages/Grade: 8 - 12 yrs
Days: Saturday
Dates: November 5 - 19
Time: 10:00 am - 12:15 pm
Fee: \$97 (3 Weeks)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Gloria Kreitzberg

SCULPEY CLAY LESSONS

This is the perfect class for any kid who likes to create. This popular oven-bake clay comes in many colors and maintains tooling and detailing beautifully. Once cured, it bakes hard and takes on a matte, bisque-type finish. We will create animals and seasonal figurines. Take the clay home and bake at 275 °F for 15 minutes per 1/4 in thickness. All supplies included in program fee.

Program #: 3801.316
Ages/Grade: 3rd - 8th
Days: Wednesday
Dates: October 19 - November 16
Time: 6:00 - 7:15 pm
Fee: \$75 (5 Weeks)
Location: Brookside Recreation Center Tot Room
Instructor: Michele Aman

STAR WARS ACTIVITY PARTY

Our popular Star Wars party is back! Your mission, should you choose to accept it: Steal the Empire's plans for the Death Star. The night before "Rogue One: A Star Wars Story" is released we will enjoy games and activities to celebrate.

Program #: 3850.316
Ages/Grade: 6 yrs and over
Days: Thursday
Dates: December 15
Time: 6:00 - 7:30 pm
Fee: \$15 (1 Day)
Location: Brookside Recreation Center Large Gym
Instructor: Michele Aman, Lanni Maszerowski

TEENS KNIT

Would you like to be able to make your own accessories or other knitted items? Come and hang with friends while you learn a new skill. New knitters will start with the basics then build up to an individual project. If you already have knitting experience, bring your project materials and learn some new techniques. Beginners can bring medium sized needles (6, 7 or 8) and a ball of light colored worsted weight yarn. Patterns will be available from instructor upon request. New and experienced students welcome. Students will progress at their own pace and ability level.

Program #: 5381.316
Ages/Grade: 4th - 12th
Days: Wednesday
Dates: September 28 - December 14
No Program: 10/12 & 11/23
Time: 3:20 - 4:50 pm
Fee: \$40 (10 Weeks)
Location: Twelve Corners Middle School
Library Classroom
Instructor: Betsy Liano

THE BRIGHTON FIRE DEPARTMENT EXPLORER PROGRAM

The Explorer Program gives teens the opportunity to experience what being a firefighter is all about. As with any profession, you do not know what a job is like until you are actually involved in it. By being a fire explorer, the students see, and in many cases, actually participate in our drills and training. A number of the explorers go on to become volunteers and/or career firefighters. The program is operated by Brighton firefighters in conjunction with the Boy Scouts of America. All explorers are supervised by New York State Certified firefighters who meet all necessary criteria and background checks. Please join us for this informational discussion to learn more about the Explorer Program, and see if it is a good fit for you.

Program #: 2027.316
Ages: 14 - 18 yrs
Days: Wednesday
Dates: September 28
Time: 6:30 - 7:30 pm
Fee: No Fee, but registration required
Location: Brookside Recreation Center
Arts & Crafts Room
Instructors: Tom Kilburn, Firefighter & Explorer Advisor,
and Janet O'Connor, Firefighter/EMT
& Explorer Advisor

ART OF AERIAL DANCE

Explore the art of aerial dance on two primary apparatuses, the hammock and aerial hoop. Learning how to mount, dismount and transition from one pose to the next. Students will have learned a routine combination by the end of the course. Some duet sequences will also add to the fun. No dance experience necessary. Aerial Arts Studio is located at 565 Blossom Road, Suite Z, Rochester NY.

Program #: 2024.316
Ages: 9 - 12 yrs
Day: Wednesdays
Dates: October 5 - November 9
Time: 5:45 - 6:30 pm
Fee: \$85 (6 Weeks)
Location: Aerial Arts of Rochester Studio
Instructor: Kimberly Eichorn

DANCE

With American Dance Academy

All students will follow a graded syllabus of instruction. This progressionary program ends with a recital in the spring. All Students: Ages 3 - 7 need pink leotard and pink tights. Ages 7 and over need black leotard and pink tights. All students must have pink leather ballet shoes and appropriate tap shoes. Used shoes will be available the first two weeks of instruction.
Location: Brookside Recreation Center Small Gym
Instructor: American Dance Academy Staff

TAP, BALLET & TUMBLING - BEGINNER

No previous instruction - Introduce your child to dance using music from children's classics to classical ballet and swing. A great starting point for our youngest and most energetic dancers.

SATURDAYS:

Ages/Grade: 4 - 6 yrs
Time: 1:45 - 2:25 pm
Location: Brookside Recreation Center Small Gymnasium

Program #: 2300.316
Dates: September 17 - October 22
Fee: \$54 (6 Weeks)

Program #: 2301.316
Dates: October 29 - December 17
No Program: 11/26
Fee: \$63 (7 Weeks)

WEDNESDAYS:

Ages/Grades: 3 - 5 yrs (by 4/1/16)
Time: 6:00 - 6:40 pm
Location: Brookside Recreation Center Small Gymnasium

Program #: 2302.316
Dates: September 21 - November 2
No Program: 10/12
Fee: \$54 (6 Weeks)

Program #: 2303.316
Dates: November 9 - December 14
No Program: 11/23
Fee: \$45 (5 Weeks)

TAP, BALLET & TUMBLING LEVEL 2

With previous instruction.

Ages/Grade: 5 - 7 yrs
Days: Saturday
Time: 1:00 - 1:40 pm
Location: Brookside Recreation Center Small Gymnasium

Program #: 2304.316
Dates: September 17 - October 22
Fee: \$54 (6 Weeks)

Program #: 2305.316
Dates: October 29 - December 17
No Program: 11/26
Fee: \$63 (7 Weeks)

TAP & BALLET BEGINNER

No previous instruction.

Ages/Grade: 5½ - 8 yrs
Days: Monday
Time: 6:15 - 7:00 pm
Location: Brookside Recreation Center Small Gym

Program #: 2306.316
Dates: September 19 - October 31
No Program: 10/10
Fee: \$54 (6 Weeks)

Program #: 2307.316
Dates: November 7 - December 19
Fee: \$63 (7 Weeks)

TAP, BALLET & TUMBLING LEVEL 3

With 3 or more years previous instruction.

Ages: 6 - 8 yrs
Days: Saturdays
Times: 12:15 - 12:55 pm
Location: Brookside Recreation Center Small Gymnasium

Program #: 2308.316
Dates: September 17 - October 22
Fee: \$54 (6 Weeks)

Program #: 2309.316
Dates: October 29 - December 17
No Program: 11/26
Fee: \$63 (7 Weeks)

TAP BALLET AND JAZZ LEVEL 4

With 4 or more years previous instruction.

Program #: 2310.316
Ages/Grade: 9 - 12 yrs
Days: Wednesdays
Dates: September 14 - December 14
No Program: 10/12 & 11/23
Time: 4:00 - 5:00 pm
Fee: \$129 (12 Weeks)
Location: Brookside Recreation Center Small Gymnasium

TAP, BALLET & JAZZ - LEVEL 5

With 5 or more years previous instruction.

Program #: 2311.316
Ages/Grade: 9 - 12 yrs
Days: Wednesday
Dates: September 14 - December 14
No Program: 10/12 & 11/23
Time: 5:00 - 6:00 pm
Fee: \$129 (12 Weeks)
Location: Brookside Recreation Center
Small Gymnasium

TAP, BALLET & JAZZ LEVEL 7

With 7 or more years previous instruction.

Program #: 2312.316
Ages/Grade: 10 - 12 yrs
Days: Monday
Dates: September 12 - December 19
No Program: 10/10
Time: 4:00 - 5:00 pm
Fee: \$149 (14 Weeks)
Location: Brookside Recreation Center
Small Gymnasium

TAP, BALLET & JAZZ LEVEL 8

With 8 or more years previous instruction.

Program #: 2313.316
Ages/Grade: 12 - 15 yrs
Days: Monday
Dates: September 12 - December 19
No Program: 10/10
Time: 4:45 - 5:45 pm
Fee: \$149 (14 Weeks)
Location: Brookside Recreation Center
Small Gymnasium

HIP HOP BEGINNER

Enjoy learning the hip hop moves you see in music videos. Loose fitting shorts, sneakers and solid color t-shirts or dance attire should be worn.

MONDAYS:

Ages: 7 - 10 yrs
Time: 7:00 - 7:30 pm
Location: Brookside Recreation Center
Small Gymnasium

Program #: 2316.316
Dates: September 19 - October 31
No Program: 10/10
Fee: \$44 (6 Weeks)

Program #: 2317.316
Dates: November 7 - December 19
Fee: \$51 (7 Weeks)

SATURDAYS:

Ages/Grade: 8 - 14 yrs
Time: 2:30 - 3:00 pm
Location: Brookside Recreation Center
Small Gymnasium

Program #: 2314.316
Dates: September 17 - October 22
Fee: \$44 (6 Weeks)

Program #: 2315.316
Dates: October 29 - December 17
No Program: 11/26
Fee: \$51 (7 Weeks)

HIP HOP LEVEL 4

With previous instruction.

Loose fitting shorts, sneakers and solid color t-shirts or dance attire should be worn.

Program #: 2318.316
Ages/Grade: 9 - 15 yrs
Days: Monday
Dates: September 12 - December 19
No Program: 10/10
Time: 5:45 - 6:15 pm
Fee: \$102 (14 Weeks)
Location: Brookside Recreation Center
Small Gymnasium

HIP HOP INTERMEDIATE / ADVANCED

With 5 or more years previous instruction - For returning students who have taken Hip Hop before. Students will continue to learn and build upon their Hip Hop moves while learning new skills!

Program #: 2319.316
Ages/Grade: 12 - 16 yrs
Days: Wednesday
Dates: September 14 - December 14
No Program: 10/12 & 11/23
Time: 6:45 - 7:15 pm
Fee: \$88 (12 Weeks)
Location: Brookside Recreation Center
Small Gymnasium

Youth Sports

3RD - 6TH GRADE RUNNING CLUB

It's all about fun and fitness at this introduction to the sport of distance running, track and cross-country. If you like to run you will learn how to run farther and faster while having fun with your friends in a non-competitive club atmosphere after school. The hour includes: warm-ups, stretching, instruction in proper form, breathing, long runs on trails and lots of games. Please bring a water bottle.

Program #: 3140.316
Ages/Grade: 3rd - 6th
Days: Tuesday
Dates: September 20 - November 8
No Program: 10/4 & 10/11
Time: 4:00 - 5:00 pm
Fee: \$35 (6 Weeks)
Location: Meridian Centre Park Baseball Field 1
Instructor: Recreation Staff



BRIGHTON DEVELOPMENT BOYS BASKETBALL LEAGUE

Our popular developmental basketball league is back again for plenty of hoops on Saturday. This league will emphasize good sportsmanship, balanced competition and fun. Teams will be formed based on skill level. Children will be taught skills each day, followed by a game every week. Each participant will receive a league T-shirt. **Instruction and games will last one hour each week following a team schedule.** League information will be available when you register. NOTE: Registrations will be taken until Saturday October 29th or until all spots are filled. Please contact the Recreation Department to inquire about enrollment numbers. SPACE IS LIMITED. Program may be combined with the Girls League to create our traditional Co-Ed League, dependent on program registrations. There will be a special visit from the Rochester RazorSharks, Rochester's own professional basketball team!! Coaches and players will visit league participants to lead skill drills and much more! Please note: Dates of visit(s) are TBD depending on the RazorSharks training camp and upcoming regular season schedule. As always, we are looking for enthusiastic individuals to help coach, ref and volunteer! Interested individuals should contact Michele Aman at (585) 784 - 5261 or by e-mail at michele.aman@townofbrighton.org.

Program #: 3640.316
Ages/Grade: 3rd - 5th Grade
Days: Saturday
Dates: November 5 - February 18
No Program: 11/26, 12/24 & 12/31
Time: 10:00 am - 12:00 pm
Teams will be scheduled at 10:00 or 11:00 am each week
Fee: \$87 (13 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Recreation Staff

BRIGHTON DEVELOPMENT GIRLS BASKETBALL LEAGUE

NEW this year we are starting an all girls league. This league will emphasize good sportsmanship, balanced competition and fun. Teams will be formed based on skill level. Children will be taught skills each day, followed by a game every week. Each participant will receive a league T-shirt. **Instruction with games will last one hour each week.** League information will be available when you register. NOTE: Registrations will be taken until Saturday October 29th or until all spots are filled. Please contact the Recreation Department to inquire about enrollment numbers. Program is contingent on sufficient program registration to form two teams. If not enough players are reached, the Girls League will be combined with Boys to form our traditional Co-Ed League.

Program #: 3650.316
Ages/Grade: 3rd - 6th Grade
Days: Saturday
Dates: November 5 - February 18
No Program: 11/26, 12/24 & 12/31
Time: 12:15 - 1:15 pm
Fee: \$87 (13 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Recreation Staff



MINI-HOOPSTERS CO-ED BASKETBALL LEAGUE

Our popular Basketball Program for those not yet old enough for our Town Basketball League. This basketball program is an excellent starter to learn the fundamentals of this popular sport. Each week Brighton Recreation staff will lead children through drills designed to focus on fundamentals for 1/2 hour, then children will get to show off those skills for the next 1/2 hour in a controlled basketball game which will feature additional instruction to help children understand the game of basketball. Each child will receive a league T-Shirt. The first week of the program will include instruction and the formation of teams and children will be present for the entire 10am-12pm time slot. **After the first week your game/lessons will be from 10am-11am OR 11am-12pm.** Please call Michele Aman at 784-5261 for more information. Space is limited! NOTE: Registrations will be taken until Saturday, October 29th or until all spots are filled. Please contact the Recreation Department to inquire about enrollment numbers. SPACE IS LIMITED. There will be a special visit from the Rochester RazorSharks, Rochester's own professional basketball team!! Coaches and players will visit league participants to lead skill drills and much more. Please note: Dates of visit(s) are TBD depending on the RazorSharks training camp and upcoming regular season schedule. We are looking for enthusiastic individuals to help coach, ref and volunteer! Interested individuals should contact Michele Aman at (585) 784 - 5261 or by e-mail at michele.aman@townofbrighton.org.

Program #: 3806.316
Ages/Grade: 6 - 8 yrs
Days: Sunday
Dates: November 6 - February 5
No Program: 11/27, 12/25, & 1/1
Time: 10:00 am - 12:00 pm
Fee: \$72 (11 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Recreation Staff

INSTRUCTIONAL SOCCER

Our Popular Soccer program returns. Learn the basics of soccer while having fun at the same time. Basic skills for the appropriate age level will be emphasized along with fun exercises and informal games. Please remember to wear comfortable clothes and sneakers and bring a water bottle!

Days: Saturday
Dates: September 24 - October 15
Fee: \$32 (4 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Recreation Staff
Program #: 3410.316
Ages/Grade: 4 - 5 yrs
Time: 9:00 - 9:45 am
Program #: 3420.316
Ages/Grade: 6 - 8 yrs
Time: 10:00 - 11:00 am

AFTERSCHOOL FENCING AT FRES

The Olympic sport of fencing is coming to French Road Elementary. Ever dream of being a Jedi knight, musketeer, or a swashbuckling princess? Fencing is a fun way to be active and is suitable for all body types. Kids love the fast-pace, precision and excitement while parents praise the time-honored tradition of sportsmanship. New and continuing fencers are welcome to join us at our newest afterschool program where top instructors from the Rochester Fencing Club (Home of Olympians and World Champions) will work on basic footwork, tactics, and bout skills challenging both the mind and body. All fencing equipment is provided. Please be prepared for a workout with athletic clothes and sneakers; no boots, crocs, or sandals.

Ages/Grade: 3rd - 5th Grade
Days: Thursday
Time: 3:40 - 4:40 pm
Fee: \$65 (4 Weeks)
Instructor: RFC Staff
Program #: 3200.316
Dates: September 15 - October 6
Location: French Road Elementary Gym
Program #: 3201.316
Dates: October 13 - November 3
Location: French Road Elementary Gym
Program #: 3202.316
Dates: November 17 - December 15
No Program: 11/24
Location: French Road Elementary Multipurpose Room

YOUTH FENCING

Ever dream of being a Jedi knight, musketeer, or a swashbuckling princess? Fencing, the game of swordplay, is often called physical chess because it challenges both the mind and body. New and continuing fencers are welcome to join us. Top level instructors from the Rochester Fencing Club (Home of Olympians and World Champions) will work on basic footwork, tactics, and bout skills. Please bring a clean/dry pair of shoes for the fencing floor. Participants should wear shorts to their knees or pants and athletic sneakers. Fencing equipment is provided. Please be prepared for a workout with athletic clothes and shoes, no boots, crocs, or sandals.

Program #: 3111.316
Ages/Grade: 7 - 12 yrs
Days: Saturday
Dates: November 5 - December 3
Time: 10:30 - 11:30 am
Fee: \$60 (5 Weeks)
Location: Rochester Fencing Club
3335 Brighton Henrietta Town Line Road
Instructor: RFC Staff

KIDS YOGA WITH STRETCHING KINDNESS

Come join the fun; yoga for your young. Kids, come shake off your worries where music, free dance and yoga combine. Stretch out, laugh, and have a great time. We will explore various breathing techniques, learn creative poses, play interactive games, build teamwork, while enhancing a positive self-body image and stretching kindness to our peers.

Program #: 4184.316
Ages/Grade: Kindergarten - 3rd Grade
Days: Thursday
Dates: October 6 - December 1
No Program: 11/24
Time: 4:00 - 5:00 pm
Fee: \$82 (8 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: Erin Wafer

SATURDAY ROCK CLIMBING

Led by Rock Ventures Staff, your child will learn the basics or build upon the skills they already have. This class is ideal for participants of all skill levels. Participants will be split by ability so that they can progress at their own pace and skill level. All equipment will be provided including: Shoes, harness and bike helmet. Students should bring a water bottle and their own helmet if they have one. Please wear comfortable loose fitting clothing. Please fill out required liability waiver online at <http://rockventures.net/indoor-climbing/> Classes held at Rock Ventures, 1044 University Avenue.

Ages/Grade: 6 - 13 yrs
Days: Saturday
Time: 10:00 - 11:30 am
Fee: \$140 (6 Weeks)
Location: Rock Ventures Classroom
Instructor: Rock Ventures Staff
Program #: 3095.316
Dates: September 17 - October 22
Program #: 3096.316
Dates: November 5 - December 17
No Program: 11/26

LEARN TO SKATE

Brighton residents only! The Learn to Skate program at Bill Gray's Regional Iceplex is designed for the true beginner of all ages. Its professionally trained staff teaches the basics of ice skating in this eight week program. A great activity for the entire family that promotes healthy lifestyle choices and physical fitness. Rental skates are provided at no cost to any participants needing skates.

Ages/Grade: 3 yrs and over
Fee: \$110 (8 Weeks)
Location: Bill Gray's Iceplex Ice Rink
Instructor: Bill Gray's Iceplex Staff
Program #: 3432.316
Days: Wednesday
Dates: September 14 - November 2
Time: 6:00 - 6:50 pm
Program #: 3433.316
Days: Saturday
Dates: September 17 - November 5
Time: 10:00 - 10:50 am
Program #: 3434.316
Days: Saturday
Dates: November 12 - January 7
No Program: 12/31
Time: 10:00 - 10:50 am
Program #: 3435.316
Days: Wednesday
Dates: November 16 - January 4
Time: 6:00 - 6:50 pm

Incident Weather Policy:

All afterschool activities will be cancelled if Brighton Central Schools close early. If school lets out at regular time we will have classes as usual. Watch News10 NBC for weather closing announcements and check the Recreation Department Facebook Page.

CO-ED YOUTH VOLLEYBALL CLINIC

Get some exercise and learn volleyball rules, positions, and skills! This clinic is intended to be a fun and introductory program for kids from any district. Kids will learn the basics of overhand serving, underhand/overhand passing, rotation and volleying. Please have sneakers, gym clothes and a water bottle. Brighton students may be bussed directly from French Rd. Elementary School. Please contact the BCSD transportation department.

Program #: 3700.316
Ages/Grade: 3rd - 6th Grade
Days: Tuesday
Dates: November 1 - December 6
No Program: 11/8
Time: 3:45 - 5:00 pm
Fee: \$40 (5 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Loren Mashewske

NUTRITION FOR YOUNG ATHLETES

Do you have a student athlete, or two, or several? Do you ever wonder what they should be eating to keep up with practice 5-6 days per week and a weekly game schedule? In this one-hour class we will cover the basics of eating well to fuel an athlete. You will learn different ways to make healthy eating for your athlete (and the whole family) easy and time-effective. Bring your student athlete along so that he/she can be involved in food preparation and cooking at home.

Program #: 2020.316
Ages/Grade: 11 yrs and over
Days: Wednesday
Dates: October 19
Time: 7:00 - 8:00 pm
Fee: \$25 (1 Day)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Natalie Thompson

INTRODUCTION TO TAE KWON DO

By training in this Olympic martial art, children develop their self-confidence and self-discipline while also improving their grace, balance, endurance, and flexibility. Classes emphasize physical activity. Uniforms for first time students cost an additional \$25, payable to instructor at first class. Additional sparring equipment may need to be purchased. Students will participate in an end of session demonstration. Please note: Students must first complete this class before moving on to Tae Kwon Do. This class may NOT be offered in the Spring.

Program #: 3613.316
Ages/Grade: 5 - 11 yrs
Days: Saturday
Dates: September 17 - December 17
No Program: 10/1, 11/12, 11/26
Time: 1:30 - 2:30 pm
Fee: \$128 (11 Weeks)
Location: Brookside Recreation Center
Multipurpose Room
Instructor: Clyde Hull

TAE KWON DO

Build upon the skills learned in the Introduction to Tae Kwon Do! Additional sparring equipment may need to be purchased. Students will participate in an end of session demonstration. Please note: Students must first complete "Introduction to Tae Kwon Do" to enroll in Tae Kwon Do.

Program #: 3615.316
Ages/Grade: 5 - 13 yrs
Days: Saturday
Dates: September 17 - December 17
No Program: 10/1, 11/12, 11/26
Time: 2:30 - 3:30 pm
Fee: \$128 (11 Weeks)
Location: Brookside Recreation Center
Multipurpose Room
Instructor: Clyde Hull

FUTURE STARS & JV/VARSITY TENNIS

All Training sessions are led by Dyson Team Tennis, featuring Ron Dyson, USPTA Professional for 25 years, former USPTA Eastern President and 2005 Professional of the year. The George Seewagen Award 2012 USTA Eastern National Coach. Please feel free to contact Ron 739-2950 with any questions regarding lessons. Participants must have own racquet. The Future Stars (ages 6- 12) class is designed to cover the technical aspects of tennis that will help develop good tennis habits. We cover proper grips, swing motion and tennis shots. The JV/Varsity (ages 13-18) class is for players who have taken tennis lessons and are used to proper tennis skills. Players are thinking about playing high school tennis, tournaments and want to make tennis one of their primary sports. Technical as well as competitive drilling is covered. Please indicate desired class/age group. Please feel free to contact Ron 739-2950 with any questions regarding lessons. In case of bad weather coaches will notify participants if session will be moved indoors.

Ages/Grade: 6 - 18 yrs
Fee: \$162 (6 Weeks)
Instructor: Ron Dyson
Program #: 3040.316
Days: Friday
Dates: September 16 - October 21
Time: 4:30 pm - 6:00 pm
Location: Buckland Park Tennis Courts

Program #: 3041.316
Days: Friday
Dates: October 28 - December 9
No Program: 11/25
Time: 4:30 pm - 6:00 pm
Location: Manhattan Square Tennis Courts

Program #: 3042.316
Days: Saturday
Dates: September 17 - October 22
Time: 4:30 pm - 6:00 pm
Location: Buckland Park Tennis Courts

Program #: 3043.316
Days: Saturday
Dates: October 29 - December 10
No Program: 11/26
Time: 1:00 - 2:30 pm
Location: Manhattan Square Tennis Courts

PEE WEE TENNIS

This class is designed for children ages 3-6. Fun drills are used to help develop hand-eye coordination and to become familiar with the tennis court. Participants will also be taught how to hold and swing the racquet. Must have own Jr. tennis racquet. Please feel free to contact Ron 739-2950 with any questions regarding lessons. In case of bad weather coaches will notify participants if outdoors sessions will be moved indoors.



- Ages/Grade:** 3 - 6 yrs
Fee: \$102 (6 Weeks)
Instructor: Ron Dyson
- Program #:** 3075.316
Days: Friday
Dates: September 16 - October 21
Time: 4:00 - 5:00 pm
Location: Buckland Park Tennis Courts
- Program #:** 3077.316
Days: Friday
Dates: October 28 - December 9
Times: 4:00 - 5:00 pm
No Program: 11/25
Location: Manhattan Square Tennis Club
- Program #:** 3078.316
Days: Saturday
Dates: September 17 - October 22
Times: 11:30 am - 12:30 pm
Location: Buckland Park Tennis Courts
- Program #:** 3079.316
Days: Saturday
Dates: October 29 - December 10
No Program: 11/26
Times: 11:30 am - 12:30 pm
Location: Manhattan Square Tennis Club

Aquatic Programs

AQUA ACCELERATE

A high intensity aqua-fit class designed to get the heart rate up and the pounds off. Exercises will focus on cardio health & endurance while improving strength, flexibility, muscle tone and coordination. We will be in shallow and deep water and will use flotation aids and resistance equipment. Don't miss the FUN!

- Ages/Grade:** 13 yrs and over
Days: Monday, Wednesday & Friday
Dates: September 7 - December 21
No Program: 10/3, 10/10, 10/12, 11/11, 11/23, 11/25
Time: 9:00 - 10:00 am
Fee: \$6 walk in fee, payable at the pool
Location: Brighton High School Pool
Instructor: Katie Kogler



Register Online
www.townofbrighton.org/rec

AMERICAN RED CROSS SWIM

- Ages:** 6 - 18 years
Days: Mon & Wed
Fee: \$60 (8 Classes)
Location: Pool at BHS - 1150 Winton Road South
Instructor: Aquatic Staff

LEVEL I

In Level 1 Introduction to Water Skills, your child is introduced to basic skills as the foundation for future skills. Certain milestones are necessary for successful completion of Level 1, including, entering the water independently using ladder, steps or side, traveling at least 5 yards, bobbing 3 times then safely exiting the water, gliding on front supported at least 2 body lengths, rolling to a back float for 3 seconds with support, recovering to a vertical position with support.

- Program #:** 4100.316
Dates: September 19 - October 24
No Program: 10/3, 10/10, 10/12
Time: 7:00 - 7:30 pm
- Program #:** 4101.316
Dates: November 28 - December 21
Time: 7:00 - 7:30 pm

LEVEL II

Level 2 Fundamental Aquatic Skills builds on skills learned in Level 1. Some of the milestones that are necessary for successful completion of Level 2 include: stepping from the side into chest-deep water, moving into a front float for 5 seconds, rolling to back, floating for 5 seconds then recovering to a vertical position, moving into a back float for 5 seconds, rolling to front then recovering to a vertical position, pushing off and swimming using combined arm and leg actions on front for 5 body lengths, rolling to back, floating for 15 seconds, rolling to the front then continue swimming for 5 body lengths.

- Program #:** 4200.316
Dates: September 19 - October 24
No Program: 10/3, 10/10, 10/12
Time: 7:30 - 8:00 pm
- Program #:** 4201.316
Dates: November 28 - December 21
Time: 7:30 - 8:00 pm

LEVEL III

In Learn-to-Swim Level 3, our instructors follow a plan to introduce new swimming and water safety skills and to build on previously learned skills. Some of the milestones in Level 3 Stroke Development include: jumping into deep water from the side, swimming the front crawl for 15 yards, maintaining position by treading or floating for 30 seconds, swimming the elementary backstroke for 15 yards.

- Program #:** 4300.316
Dates: September 19 - October 24
No Program: 10/3, 10/10, 10/12
Time: 7:00 - 7:30 pm
- Program #:** 4301.316
Dates: November 28 - December 21
Time: 7:00 - 7:30 pm

Adult Fitness

LEVEL IV

In Learn-to-Swim Level 4, our instructors follow a plan to introduce new swimming and water safety skills and to build on previously learned skills. Some of the milestones in Level 4 stroke improvements include: swimming the front crawl for 25 yards, swimming the elementary backstroke for 25 yards, swimming the breaststroke for 15 yards, swimming the back crawl for 15 yards, open turns on the front and back.

Program #: 4400.316
Dates: September 19 – October 24
No Program: 10/3, 10/10, 10/12
Time: 7:30-8:00 pm
Program #: 4401.316
Dates: November 28 - December 21
Time: 7:30 - 8:00 pm

LEVEL V

In Learn to Swim Level 5, our instructors follow a plan to introduce new swimming and water safety skills and to build on ones previously learned. The expectations are higher for participants now in regards to distance and quality. Some of the milestones in Level 5 Stroke Refinement include: performing a shallow angle dive into deep water, swimming the front crawl for 50 yards, swimming the elementary backstroke for 50 yards, swimming the breaststroke for 25 yards, swimming the back crawl for 25 yards.

Program #: 4500.316
Dates: September 19 – October 24
No Program: 10/3, 10/10, 10/12
Time: 7:30 - 8:00 pm
Program #: 4501.316
Dates: November 28 - December 21
Time: 7:30 - 8:00 pm

BRIGHTON BARRACUDAS SWIM CLUB

Come swim with us! Focus on the fundamentals of swimming. Must have Level V certification to join!

Program #: 4007.316
Ages/Grade: 6 - 18 yrs
Days: Mondays & Wednesdays
Dates: October 26 - November 21
No Program: 10/31
Time: 7:00 - 8:30 pm
Fee: \$60 (7 Classes)
Location: Brighton High School Pool
Instructor: Aqua Staff

SPLISH SPLASH SWIM TIME

Splish splash with your little ones in this introductory to swim class. Parents will accompany their children into the pool for a half hour lesson. Children will enjoy the comfort of their parents as they learn to love the water. Sing songs and work on swim techniques in this relaxed atmosphere.

Program #: 4329.316
Ages/Grade: 6 months - 4 yrs
Days: Thursday
Dates: November 3 - December 15
No Program: 11/24
Time: 7:00 - 7:30 pm
Fee: \$58 (6 Weeks)
Location: Brighton High School Pool
Instructor: Aqua Staff

CARDIO CORE MIX

Includes targeted workouts: classic low impact floor aerobics, basic step for cardio, glutes and thighs, stability ball routines for overall strength and balance and feel good stretching intervals. Please bring 2-3 lb hand weights and an exercise mat. Stability Balls are provided.

Ages/Grade: 21 yrs and over
Time: 9:00 - 10:00 am
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Sue Johnson

Program #: 5056.316
Days: Monday
Dates: September 19 – December 26
Fee: \$53 (15 Weeks)
Program #: 5057.316
Days: Wednesday
Dates: September 21 – January 4
Fee: \$56 (16 Weeks)

CORE STRENGTH & BALANCE

A non-stop stability ball workout with controlled fluid movement to strengthen your core, glutes and legs. Hand Weights and Resistance Bands add to the upper body workout. Because you must maintain your balance your entire body is working throughout the hour. Bring hand weights between 3-5 lbs and an exercise mat.

Program #: 5060.316
Ages/Grade: 21 yrs and over
Days: Friday
Dates: September 23 – January 6
No Program: 11/11, 11/25
Time: 9:00 - 10:00 am
Fee: \$49 (14 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Sue Johnson

MIND & BODY WELLNESS PRACTICES

Thinking of starting a wellness regimen or simply looking to spruce up your current routine with some added fun? Now's your chance! Learn how to apply various engaging techniques and methods to your existing practices or when just beginning one. These approaches help to enrich overall health and well-being in a positive, effective, and residual manner as well as assists in preventing routines and practices from becoming dull or mundane over time. Each participant receives a Mind & Body Wellness Package on the first day of class.

Ages/Grade: 18 yrs and over
Days: Thursday
Time: 7:00 - 8:15 pm
Fee: \$60 (6 Weeks)
Location: Brookside Recreation Center
Multipurpose Room
Instructor: Patricia Hogenes
Program #: 4182.316
Dates: September 15 - October 20
Program #: 4183.316
Dates: October 27 – December 8
No Program: 11/24

TEEN / ADULT TAP

Have you always wanted to try tap, but never had the chance? Have you taken tap many years ago and want to pick it up again? This is the perfect class for you. Join us in a welcoming, fun dance atmosphere. Please wear comfortable clothing.

Program #: 2320.316
Ages/Grade: 14 yrs and over
Days: Wednesday
Dates: October 19 - December 7
No Program: 11/23
Time: 7:30 - 8:15 pm
Fee: \$63 (7 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: American Dance Academy

ADULT TENNIS

The Beginner Class is for someone with very little tennis experience or no tennis experience at all. Students will learn the proper grips for certain shots: forehand, backhand, volleys, overheads and serves. Score keeping and match play will be introduced. The Intermediate Class is designed for the individual that has had limited or little tennis instruction in the past. Basic grips, technique, and shots are covered. Drilling as well as point play is used to help the learning process. Participants must have own racquet. Score keeping and match play will be introduced. We will utilize Buckland Park and Manhattan Square Tennis club located next to the Strong Museum. Please feel free to contact Ron 739-2950 with any questions regarding lessons. In case of bad weather coaches will notify participants if outdoors sessions will be moved indoors.

Ages/Grade: 18 yrs and over
Time: 6:00 - 7:30 pm
Fee: \$182 (6 Weeks)
Instructor: Ron Dyon

BEGINNER

Program #: 3520.316
Days: Wednesday
Dates: September 21 - October 26
Location: Buckland Park Tennis Courts
Program #: 3521.316
Days: Wednesday
Dates: November 2 - December 14
No Program: 11/23
Location: Manhattan Square Tennis Club

INTERMEDIATE

Program #: 3540.316
Days: Friday
Dates: September 23 - September 28
Location: Buckland Park Tennis Courts
Program #: 3545.316
Days: Friday
Dates: November 4 - December 16
No Program: 11/25
Location: Manhattan Square Tennis Club

INTERMEDIATE PICKLEBALL

(SEE PAGE 24 FOR DETAILS)

Inclement Weather Policy:

All afterschool activities will be cancelled if Brighton Central Schools close early. If school lets out at regular time we will have classes as usual. Watch News 10 NBC for weather closing announcements and check the Recreation Department Website or Facebook Page.

PICKLEBALL FOR BEGINNERS

The exciting and fun game of pickleball is sweeping the nation. It is mostly played as doubles and is a great way to socialize while reaping the many benefits of exercise. Although it appears similar to tennis, it is played on a much smaller court with a slower moving plastic ball. Those key differences make pickleball easier to play than tennis. This four class program is designed for true beginners or people who have played only once or twice. Paddles and balls will be provided.

Program #: 5857.316
Ages/Grade: 18 yrs and over
Days: Tuesday
Dates: September 20 - October 18
No Program: 10/11
Time: 7:30 - 8:30 pm
Fee: \$26 (4 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Larry Shearer

PICKLEBALL WORKSHOP: DINKING GAME & STRATEGY

Hone your skills to keep yourself in the game, and your opponents on their toes!

Program #: 5554.316
Ages/Grade: 18 yrs and over
Days: Saturday
Dates: September 17
Time: 10:00 - 11:30 am
Fee: \$15 (1 Day)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Bob Stokes

ZUMBA

Do you love to dance? Do you love the sounds of Latin and International beats? Would you love to burn 500+ calories in a single hour? Then you'll love ZUMBA! Zumba Latin fitness dance class combines Latin dance such as Salsa, Merengue, Cumbia, Samba and aerobic moves to create a fun exercise experience. The Zumba motto is "Ditch the workout, join the party!"

Ages/Grade: 18 yrs and over
Days: Tuesday
Time: 6:30 - 7:30 pm
Fee: \$47 (6 Weeks)
Location: Brookside Recreation Center
Multipurpose Room
Instructor: Michelle Medina
Program #: 4324.316
Dates: September 27 - November 1
Program #: 4325.316
Dates: November 8 - December 13

BRIGHTON COMMUNITY FITNESS CENTER

Did you know the Brighton High School and Twelve Corners Middle School Fitness Centers are open to community members on Tuesday and Thursday evenings? Stop in anytime between 7:30 – 9:30 pm on Tuesdays at BHS and 7:45 – 9:30 pm on Thursdays at TCMS. Brighton High School students (with a school ID) may use the fitness centers at no cost. Brighton Central School District residents ages 18 and older pay \$2 per visit. The complete Brighton Community Education catalog and Fitness Center schedule is available online at <http://communityeducation.bcsd.org>. Please contact us with any questions at 585-242-5200 Ext. 5191 or ce@bcsd.org.

Adult Programs

COLORING BEYOND THE LINES

Coloring enthusiasts! Do you love to color but wish you could get more depth and dimension into your pictures? Come to “Coloring Beyond the Lines!” In this workshop you will learn how to layer, shade, blend with easy-to-use colored pencils. Just bring a coloring book or page (preferably one with larger areas to color), a 24 pack of Crayola colored pencils, and your desire to “wow” your friends and family by coloring beyond the lines. See you there.

Program #: 5551.316
Ages/Grade: 18 yrs and over
Days: Friday
Dates: September 30
Time: 3:00 - 4:30 pm
Fee: \$12 (1 Day)
Location: Brookside Recreation Center
Conference Room
Instructor: Elaine Rittler

DRAB TO FAB!

Class will cover different ideas and techniques in redesigning vintage furniture and decor pieces. Custom painting and reupholstery will be featured.

Program #: 5850.316
Ages/Grade: 18 yrs and over
Days: Tuesday
Dates: November 15
Time: 5:30 - 6:30 pm
Fee: \$5 (1 Day)
Location: Panache Home & Design at
Brighton Commons 1855 Monroe Ave
Instructor: Panache Design Team

TEEN / ADULT TAP

(SEE PAGE 19 FOR MORE DETAILS)

Program #: 2320.316
Ages/Grade: 14 yrs and over
Days: Wednesday
Dates: October 19 - December 7
No Program: 11/23
Time: 7:30 - 8:15 pm
Fee: \$63 (8 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: American Dance Academy

DOG TRAINING CLASSES

Lollypop Farm Training Classes are now in Brighton! Preserving the bond between people and their pets is a primary goal of Lollypop Farm, the Humane Society of Greater Rochester. Classes offer people and their pets a wonderful opportunity to improve their training skills and prevent future behavior problems. It's also a lot of fun! A portion of the proceeds from these classes benefit pets in need at Lollypop Farm. Fee includes class handouts, training clicker, and certificate of completion.

PUPPY HEAD START

Lollypop Farm puppy classes emphasize socialization and early prevention of behavior problems. Plus, your puppy will learn polite skills like sit, down, loose leash walking, and much more! We will also have puppy play time to help develop good social skills with other dogs. Our goal is to teach your puppy to enjoy new experiences in a safe and positive environment. This class is limited to young puppies, 8 - 16 weeks of age. When puppy is age appropriate they must have current Rabies, Distemper/Parvo, and Bordatella vaccinations, and have current dog license.

Program #: 2022.316
Ages/Grade: 18 yrs and over
Days: Thursdays
Dates: September 29 - November 10
No Program: 10/13
Time: 6:00 - 7:00 pm
Fee: \$100 (6 Weeks)
Location: Brookside Recreation Center Small Gym
Instructor: Rebecca Lohnes, Behavior and
Training Manager - Lollypop Farm
Humane Society of Greater Rochester

BASIC MANNERS

Learn to effectively use positive reinforcement to teach your dog skills to help them become a polite pooch at home and on outings. Lollypop Farm will cover a variety of foundation behaviors essential to any well-mannered pup. We will also discuss effective ways to stop and prevent poor household manners. This class is for older puppies or adult dogs new to training or in need of a refresher (16 weeks and up). Please, NO DOGS at the first class; humans only. Must have current Rabies, Distemper/Parvo, Bordatella vaccinations, and current dog license.

Program #: 2023.316
Ages/Grade: 18 yrs and over
Days: Thursdays
Dates: September 29 - November 10
No Program: 10/13
Time: 7:15 - 8:15 pm
Fee: \$100 (6 Weeks)
Location: Brookside Recreation Center Small Gym
Instructor: Rebecca Lohnes, Behavior and
Training Manager - Lollypop Farm,
Humane Society of Greater Rochester





NUTRITION FOR YOUNG ATHLETES

Do you have a student athlete, or two, or several? Do you ever wonder what they should be eating to keep up with practice 5-6 days per week and a weekly game schedule? In this one-hour class we will cover the basics of eating well to fuel an athlete. You will learn different ways to make healthy eating for your athlete (and the whole family) easy and time-effective. Bring your student athlete along so that he/she can be involved in food preparation and cooking at home.

Program #: 2020.316
Ages/Grade: 11 yrs and over
Days: Wednesday
Dates: October 19
Time: 7:00 - 8:00 pm
Fee: \$25 (1 Day)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Natalie Thompson

BRIDGE: BEGINNING I

You have heard of bridge, but maybe have not realized that current studies show this game helps sharpen your mental skills whether you are 15 or 65. Everyone can play and it is called addictive because it provides a new puzzle with every hand. This class is designed for absolute beginners or for those who have not played in many years and want to start over. The classes will cover point count evaluation, opening bids and responses and basic play techniques. It's going to be a FUN experience, meeting new people and learning the best card game in the world. It is not necessary to bring a partner, we will be working together. Textbook fee - \$15.00 payable at the first class. Note: Instructor may extend class to additional weeks at the end of the session if there is interest in continuing.

Program #: 3888.316
Ages/Grade: 18 yrs and over
Days: Tuesday
Dates: September 20 - October 25
Time: 7:00 - 9:00 pm
Fee: \$40 (6 Weeks)
Location: Brookside Recreation Center Senior Lounge
Instructor: Cindy Reid

BRIDGE: BEGINNING II

This class is for players who have had their basic class in bidding, and now are ready for overcalls, specialized doubles, and preempts. We will continue solidifying basic concepts while exploring additional techniques of bidding, play and defense. Note: Instructor may extend class to additional weeks at the end of the session if there is interest in continuing.

Program #: 3889.316
Ages/Grade: 18 yrs and over
Days: Thursday
Dates: September 22 - November 3
No Program: 9/29
Time: 7:00 - 9:00 pm
Fee: \$40 (6 Weeks)
Location: Brookside Recreation Center Senior Lounge
Instructor: Cindy Reid

BRIDGE: BASIC BRIDGE II

(SEE PAGE 25 FOR MORE DETAILS)

BRIDGE: STRUCTURED PLAY OF THE HAND

(SEE PAGE 25)

COLORED PENCILS CONTINUED

(SEE PAGE 25 FOR MORE DETAILS)

EUCHRE INSTRUCTION FOR BEGINNERS

(SEE PAGE 25 FOR MORE DETAILS)

PAINTING CONCEPTS

(SEE PAGE 26 FOR MORE DETAILS)

SELF-DEFENSE

SELF-DEFENSE WITH BRIGHTON POLICE DEPARTMENT
Join us with instruction from the Brighton Police Department for a free one hour self-defense demonstration. Learn some basic tips to stay safe and aware of your surroundings.

Program #: 3999.316
Ages/Grade: 14 yrs and over
Days: Saturday
Dates: September 24
Time: 10:15 - 11:30 am
Fee: Free, but pre-registration required (1 Day)
Location: Brookside Recreation Center
Multipurpose Room

WOMEN AND INVESTING

This 4 week course will help you build a foundation in financial concepts and basics of investing including; types of investments, specific strategies to plan for retirement and/or other financial goals, plus it covers how to protect yourself and loved ones as women are typically responsible for financial decisions later in life stages. Course materials will be provided. Topics: Foundations of Investing, Retirement by Design, Preparing for the Unexpected, Preparing Your Estate Plan.

Program #: 3900.316
Ages/Grade: 18 yrs and over
Days: Monday
Dates: October 3 - 24
Time: 6:00 - 7:30 pm
Fee: Free, but pre-registration required (4 Weeks)
Location: Brookside Recreation Center
Multipurpose Room
Instructor: Courtney Laffler

No News Is Good News!

Unless you hear from us, assume you are in the class you registered for.

Historic Programs

CORBETT'S GLEN NATURE HIKE

Join us for a Sunday afternoon in one of Brighton's most scenic spots, Corbett's Glen Nature Park. Come explore the trails that wind through the park. The hike will start at the top of Corbett's Glen on Penfield Rd., then travel down to the historic Postcard Falls and finish back at Penfield Rd. Please bring a water bottle and dress appropriately for this hike, which is over a mile long. Mary Jo Lanphear, Brighton Town Historian, will lead a tour of this special place where the Seneca's fished, powder mills flourished, and factory workers picnicked. We will meet at the entrance to the park, off of Penfield Rd.

Program #: 2001.316
Ages/Grade: 18 yrs and over
Days: Sunday
Dates: September 11
Time: 3:00 - 4:30 pm
Fee: Free, but registration required (1 Day)
Location: Corbett's Glen Hiking Loop
Instructor: MaryJo Lanphear

BRICKYARD TRAIL TOUR

Join us for a guided walk on the newest trail in the Town of Brighton! The Brickyard Trail connects Elmwood Avenue to Westfall Road as it meanders through ground rich in history significant to the development of the Town of Brighton. Led by Brighton Town Historian MaryJo Lanphear.

Program #: 2022.316
Ages/Grade: 18 yrs and over
Days: Sunday
Dates: September 25
Time: 2:00 - 3:30 pm
Fee: Free, but registration required
Location: Brickyard Trail Head on Elmwood Avenue (next to Temple B'Rith Kodesh)
Parking at Brighton Town Hall
Instructor: MaryJo Lanphear

BRIGHTON CEMETERY TOUR

Brighton Cemetery, located at the end of Hoyt Place off Winton Road near I-490, is the burial ground for Brighton's pioneers. Come for an autumn walk through this interesting place. Learn about the people who built The Town of Brighton and look for some unusual grave markers and cryptic inscriptions.

Program #: 2000.316
Ages/Grade: 18 yrs and over
Days: Sunday
Dates: October 16
Time: 2:00 - 3:00 pm
Fee: Free, but registration required (1 Day)
Location: Brighton Cemetery Meet at Front Gate
Located at the end of Hoyt Place, off Winton Road near I-490
Instructor: MaryJo Lanphear

HISTORY OF THE AMERICAN RED CROSS

Flood relief. House fires. Learn to swim. Reach a military service member on assignment overseas, The Red Cross can assist!! Meet the founders. Follow the growth of the Red Cross over the years, over the miles, over the oceans, and perhaps down your street. Jerry Bennett, local Red Cross volunteer and former staff members, will share from his 40+ years. Photos, props, uniforms, handouts, and stories will help guide us along this humanitarian journey.

Program #: 2003.316
Ages/Grade: 18 yrs and over
Days: Sunday
Dates: November 13
Time: 2:00 - 3:30 pm
Fee: Free, but registration required (1 Day)
Location: Buckland Park Farmhouse
1341 Westfall Rd.
Instructor: Jerry Bennett

Senior Adult Programs

SENIOR CENTER INFORMATION

Brighton Recreation Center • 220 Idlewood Road
or Use Columbus Way entrance off S. Winton Rd.
(585) 784-5266

TUESDAY LUNCH BUNCH GET-TOGETHER

A full lunch is catered each Tuesday by The Full Belly Deli at 11:30 am. Lunch includes an entrée, two sides, dessert and milk. Cost is \$6.00 per meal and can be ordered until noon the day before by calling 784-5266. Musical entertainment or interesting speakers follow the luncheon at 12:15 pm. We would be glad to send you a monthly menu/program schedule if you call the above number or e-mail emily.kelsey@townofbrighton.org.



SENIOR ACTIVITY GROUPS

Brighton Recreation sponsors a social club on Tuesdays for people age 60 and over. People are welcome to drop in anytime. Activities include our Lunch Bunch, musical programs, speakers, card playing, trips, holiday celebrations, and special events. Bus transportation to the Senior Center for Tuesday activities can be arranged for Brighton residents by calling the Senior Office at 784-5266. The cost is \$4.00 round trip. The bus may be used occasionally or on a regular basis.

TUESDAYS: Weekly morning program at 10:15 am, Lunch at 11:30 am, Entertainment Program at 12:15 pm. Please see monthly calendar booklet for specific details and updates!

BRIGHTON MAD HATTERS

This is a fun loving social group that gets together for outings once a month. They go out for lunch, attend plays, take boat rides, volunteer, etc... They enjoy dressing in brightly colored clothing for their get-togethers. There is a \$5.00 yearly membership fee.

SPECIAL EVENTS & PROGRAMS

Contact Emily Kelsey at 784-5266 or e-mail at emily.kelsey@townofbrighton.org for reservations for any of the following events of programs. Please reference the monthly newsletter for details on these and additional special events.

ROCHESTER PUBLIC MARKET OUTINGS

Our last trip together to the Public Market for the season will be the first Thursday of September, 9/1. The bus leaves the Brookside Recreation Center at 10:00 am and you will have one and a half hours of shopping at the Market. Cost is \$2 from the Center, or \$4 from home. Reservations are due by Monday, August 29. (Ten people are needed to run this outing.)

GRANDPARENT'S DAY BRUNCH

Spend some quality time with the grandkids at the beautiful Carmen Clark Lodge. Celebrate Grandparent's Day with brunch and games with Brighton Rec! Kids will make a magnet for their favorite grandparent's fridge. Sign up early as space is limited!

Program #: 3001.216
Ages: 6 yrs and over
Day: Sunday
Date: September 11
Time: 11:30 am - 2:30 pm
Fee: \$5 per person (1 Day)
Location: Brighton Town Park Carmen Clark Lodge
Instructor: Recreation Staff

EUCHRE TOURNAMENT

Our autumn Euchre Tournament will be held on Friday, October 7 from 10:00 am - 3:00 pm. It is a singles tournament, so you will have a different partner for each game. Pre-registration is required. Includes light lunch and prizes for top scorers.

Fee: \$6 (1 Day)
Location: Brookside Recreation Center Multipurpose Room

BOOMER DANCE

Come dance the night away to live music from the 50's, 60's and 70's! Dessert and pop will be provided. Tickets go on sale and the band will be announced September 19. Advance reservations are recommended since this dance sells out. You may complete the registration form online or call 784-5260 for a ticket order form.

Program #: 5550.316
Day: Friday
Date: October 14
Time: 7:30 - 10:00 pm
Fee: \$10 (1 Day)
Location: Brookside Recreation Center Large Gym

EVENING OUT: FINDING NEVERLAND

Date: Sunday, October 30
Time: 4:00 - 10:00 pm

Includes: After thrilling audiences on Broadway, the magical Finding Neverland heads out across the country on a national tour--making a stop right here at Rochester's Auditorium Theatre! Based on the Oscar-winning movie starring Johnny Depp, Finding Neverland tells the story of author J.M.Barrie and the family who inspired his greatest work - Peter Pan! Interweaving Barrie's real life story with flights of fancy that take you deep into the world of Captain Hook and The Lost Boys, this musical is an inspiring ode to the creative spirit and speaks to the child in all of us. Join us for dinner and a show. Avoid the traffic and parking hassles by hopping on the senior bus that will drop you off right at the restaurant and theatre. The bus will leave from the Town Hall (2300 Elmwood Ave) at 4:00 pm and returns around 10:00 pm. Total trip cost (TBD) will include your dinner, show ticket, bus fare, and gratuities. Find further details in the Brighton Seniors September Newsletter. Reservations may be made starting September 12 and are due by October 7.



ELECTION DAY SALE

We will begin collecting donation items for the sale starting in October. Items we will accept for the sale include gently used or better condition: knick-knacks, small kitchen utensils and appliances, holiday and seasonal decorations, books, and games. Please no baskets or fabric items such as: towels, curtains, bedspreads, clothing, etc... Please join us on the day of sale, shopping will be first come, first serve. Cash only. Any leftover sale items will be available in the Seniors hallway until Thursday, and donated to charity afterwards. Proceeds of the sale will benefit future Brighton Senior Programs.

Date: Tuesday, November 8
Time: 9:00 am - 1:00 pm

EARLY THANKSGIVING LUNCHEON

We will celebrate Thanksgiving a bit early on Tuesday, November 15 at 11:30 am. A traditional-style turkey dinner will be served. Music and dancing to follow with the Just Jazz Trio. Cost is \$15.00. Call 784-5266 or e-mail emily.kelsey@townofbrighton.org for a reservation by November 7. Seating is limited.

HOLIDAY BANQUET

Please save the date: Thursday, December 8. We will have a sit down luncheon and enjoy music by the Dick Stacy Duo. For more details, please call 784-5266 or e-mail emily.kelsey@townofbrighton.org.

Senior Adult Fitness

FITNESS FOR SENIORS

This is a lively aerobics fitness class done to music! The goal is to improve cardiovascular health, stamina and mobility. Students will leave this class feeling energized for the day.

Ages/Grade: 30 yrs and over
Time: 10:30 - 11:15 am
Fee: \$52 (15 Weeks)
Location: Brookside Recreation Center Large Gymnasium
Instructor: Sue Johnson
Program #: 5024.316
Days: Tuesday
Dates: September 20 - January 3
No Program: 11/8
Program #: 5025.316
Days: Thursday
Dates: September 22 - January 5
No Program: 11/24

GENTLE CHAIR EXERCISE

This class can be done in a seated or standing position based on your capabilities. The goal is to provide participants with an enjoyable, safe exercise program. The activities done to music are designed to relieve stiffness, restore or maintain joint range of motion and muscle strength, increase flexibility, improve posture and increase endurance. Check with your doctor to see if this program is for you.

Program #: 5046.316
Ages/Grade: 30 yrs and over
Days: Monday
Dates: September 19 - December 19
No Program: 10/10
Time: 11:45 am - 12:30 pm
Fee: \$46 (13 Weeks)
Location: Brookside Recreation Center Senior Lounge
Instructor: Melissa Culver

GET STRONG WITH WEIGHTS

Learn the correct and safe method of using hand weights while moving to a musical beat. A variety of equipment will also be utilized to work the twelve major muscle groups of the body. This class will consist of warm up exercises, stretching and strengthening exercises using dumbbell weights. Bring a pair of 2 or 3 pound weights to class with you.



Program #: 5026.316
Ages/Grade: 30 yrs and over
Days: Wednesday
Dates: September 21 - January 4
Time: 10:30 - 11:15 am
Fee: \$56 (16 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Sue Johnson

INTERMEDIATE PICKLEBALL

This class is designed to help the players in all aspects of the fun game of Pickleball. Skills: Third shot, lobbing, serving, dinking, poaching strategies and more. Take your game to the next level. Help to build our community of fun Pickleball players! Pickled Power!

Program #: 5556.316
Ages/Grade: 18 yrs and over
Days: Wednesday
Dates: September 21 - October 19
No Program: 10/12
Time: 6:15 - 7:45 pm
Fee: \$40 (4 Weeks)
Location: Brookside Recreation Center
Large Gymnasium
Instructor: Bob Stokes

NATURAL PAIN MANAGEMENT CLASS

This is a multi-faceted approach to understanding your personal wellness and managing aches and pains. We will be covering relaxation techniques, diet and exercise, and self care.

Program #: 5046.316
Ages/Grade: 30 yrs and over
Days: Monday
Dates: September 19 - December 19
No Program: 10/10
Time: 10:45 - 11:30 am
Fee: \$65 (13 Weeks)
Location: Brookside Recreation Center Senior Lounge
Instructor: Melissa Culver

PICKLEBALL FOR BEGINNERS

(SEE PAGE 19 FOR MORE DETAILS)

PICKLEBALL WORKSHOP: DINKING GAME & STRATEGY

(SEE PAGE 19)

TAI CHI FOR BALANCE

Tai Chi is a Chinese system of gentle exercise that is being integrated into health care. Research supports the positive effects of regular practice on balance, flexibility, pain management and overall well-being. Everyone from beginners to advanced students are invited to learn a short set of movements which we will practice with relaxation breathing to improve awareness and coordination. Tai Chi can be done by people of any age and physical ability. There will be the option of being seated during instruction.

Program #: 5077.316
Ages/Grade: 30 yrs and over
Days: Thursday
Dates: September 22 - October 27
Time: 1:00 - 1:45 pm
Fee: \$30 (6 Weeks)
Location: Brookside Recreation Center
Small Gymnasium
Instructor: Master Kathy Gill

WATER EXERCISE CLASS

Range of motion, endurance and strengthening exercises are the focus of this program. You do not need to be able to swim in order to participate. The pool depth is 3 ½ feet and is kept at about 85 degrees. There are locker rooms and lockers for your use. It is recommended that you wear water shoes while on the pool deck.

Ages/Grade: 18 yrs and over
Location: St. John's Meadows Pool

Program #: 5018.316
Days: Tuesday
Dates: September 27
- January 3
No Program: 12/27
Time: 6:30 - 7:30 pm
Fee: \$90 (14 Weeks)
Instructor: Kathryn Jensen

Program #: 5021.316
Days: Friday
Dates: September 30
- January 6
No Program: 11/25, 12/30
Time: 9:00 - 10:00 am
Fee: \$84 (13 Weeks)
Instructor: Melissa Culver

Program #: 5019.316
Days: Wednesday
Dates: September 28
- January 4
No Program: 12/28
Time: 9:00 - 10:00 am
Fee: \$90 (14 Weeks)
Instructor: Melissa Culver

Program #: 5022.316
Days: Friday
Dates: September 30
- January 6
No Program: 11/25, 12/30
Time: 10:15 - 11:15 am
Fee: \$84 (13 Weeks)
Instructor: Melissa Culver

Program #: 5020.316
Days: Wednesday
Dates: September 28
- January 4
No Program: 12/28
Time: 10:15 - 11:15 am
Fee: \$90 (14 Weeks)
Instructor: Melissa Culver

Program #: 5023.316
Days: Saturday
Dates: October 1
- January 7
No Program: 12/24, 12/31
Time: 10:30 - 11:30 am
Fee: \$84 (13 Weeks)
Instructor: Melissa Culver

Brighton Seniors Inclement Weather Policy:

All Brighton Senior programs and classes are cancelled when Brighton Schools are closed. Watch News10 NBC for weather closing announcements and check the Recreation Department Facebook Page.

YOGA FOR BUILDING STRONG BONES

This class will emphasize strengthening bones without stressing the joints. Yoga poses take the student through a range of motion that also helps to improve muscle strength, balance and coordination. Yoga movements can be done in a chair or on a mat. Please bring a mat if you choose to use one. Loose, comfortable clothing is recommended.

Program #: 5078.316
Ages/Grade: 30 yrs and over
Days: Thursday
Dates: September 22 - December 15
No Program: 11/24
Time: 11:45 am - 12:45 pm
Fee: \$72 (12 Weeks)
Location: Brookside Recreation Center
Conference Room
Instructor: Therese Bason

ZUMBA GOLD: DITCH THE WORKOUT, JOIN THE PARTY!

Zumba® Gold fitness is specifically designed to take the exciting Latin dance rhythms and bring them to the active older adult and the beginner! Join us, and dance your way to fitness!

Ages/Grade: 18 yrs and over
Fee: \$56 (13 Weeks)
Location: Brookside Recreation Center
Large Gymnasium

Instructor: Antonia Scott
Program #: 5106.316
Days: Wednesday
Dates: September 14 - December 14
No Program: 11/23
Time: 1:30 - 2:15 pm
Program #: 5107.316
Days: Friday
Dates: September 16 - December 16
No Program: 11/25
Time: 11:00 - 11:45 am

Senior Adult Classes

BRIDGE: BASIC BRIDGE II

This is a course for people who have studied basic bridge concepts. It will focus on helping you improve your bidding. We will study preemptive bids, overcalls and advances, takeout doubles and advances, and how to bid when your opponents are competing. The course will be a combination of lectures and playing. An optional text book will be available at the first class for the cost of \$12.00.

Program #: 5004.316
Ages/Grade: 30 yrs and over
Days: Thursday
Dates: September 22 - October 27
Time: 9:30 - 11:30 am
Fee: \$38 (6 Weeks)
Location: Brookside Recreation Center
Multipurpose Room
Instructor: Mark McDermott

BRIDGE: STRUCTURED PLAY OF THE HAND

This class will consist of a bridge game with discussion after each hand. Everyone will play the same hands. Approximately 75% of the time will be spent playing and 25% will be spent explaining the most effective bidding and playing techniques. Hone your bridge skills with actual playing time.

This course is designed for intermediate or above players.

Program #: 5009.316
Ages/Grade: 30 yrs and over
Days: Thursday
Dates: September 22 - October 27
Time: 1:00 - 3:00 pm
Fee: \$38 (6 Weeks)
Location: Brookside Recreation Center
Multipurpose Room
Instructor: Mark McDermott

COLORED PENCILS CONTINUED

Continue exploring the wonderful world of colored pencils. This class is designed for those who took the beginner colored pencil class or who are somewhat familiar with the use of colored pencil as an art medium. In this 3 class session, you will be continuing to refine your skills and learn more advanced techniques to render a more in-depth project, using the outline provided. Please bring a 24 pack of Crayola colored pencils to class. All other materials are provided.

Program #: 5110.316
Ages/Grade: 18 yrs and over
Days: Friday
Dates: October 7 - 21
Time: 1:30 - 3:00 pm
Fee: \$33 (3 Weeks)
Location: Brookside Recreation Center
Conference Room
Instructor: Elaine Rittler

COLORING BEYOND THE LINES

(SEE PAGE 20 FOR DETAILS ON THIS NEW CLASS)

DRAB TO FAB! WITH PANACHE HOME AND DESIGN

(SEE PAGE 20 FOR MORE DETAILS)

EUCHRE INSTRUCTION FOR BEGINNERS

An excellent opportunity to learn how to play for people with little or no euchre experience, taught in a relaxed atmosphere where the goal is to have fun! Players will learn the basics, naming trump, scoring, strategy, etc. Please bring a deck of cards to class.

Program #: 5040.316
Ages/Grade: 18 yrs and over
Days: Monday
Dates: October 17 - November 28
Time: 1:30 - 2:30 pm
Fee: \$49 (7 Weeks)
Location: Brookside Recreation Center
Conference Room
Instructor: Dick Seils

KNITTING CLASS

Have you always wanted to learn to knit? Regardless of your skill level you can join us for relaxation, fun and an opportunity to expand your knitting knowledge. Beginners will need a light colored ball of non-fuzzy 4-ply yarn and a pair of medium sized needles size 6, 7 or 8. If you already know the basics bring materials needed for your current or next project. Individualized instruction will be provided.

Program #: 5007.316
Ages/Grade: 18 yrs and over
Days: Monday
Dates: September 19 - December 19
No Program: 10/10
Time: 10:00 am - 12:00 pm
Fee: \$50 (13 Weeks)
Location: Brookside Recreation Center
Conference Room
Instructor: Betsy Liano

MAH JONGG FOR BEGINNERS

Please try this class for an exciting introduction to Mah Jongg. It is taking Rochester by storm as one of the most popular games in town. It is not only fun, it is challenging and competitive. All materials will be provided as well as weekly handout notes. Allow your instructor to teach you one of the most strategic and thought-provoking games. Due to the fact that the game requires a little time and patience, this will be an easy four-week course. By the end of this full session, not only will you be playing and winning Mah Jongg, but you will be anxious to form your own groups and make it one of your weekly fun-filled commitments. (Practice Card will be provided.)

Program #: 5507.316
Ages/Grade: 18 yrs and over
Days: Wednesday
Dates: September 14 - October 5
Time: 10:00 am - 12:00 pm
Fee: \$50 (4 Weeks)
Location: Brookside Recreation Center
Conference Room
Instructor: Linda Dinino

PAINTING CONCEPTS

In this class you will learn to develop your own painting style. Working in the media of your choice, the instructor will provide individual attention and demonstration. Students work at their own levels. Occasionally optional projects will be provided for the class. Instructor demonstrations are done in watercolor media. Bring materials (paint, brushes, canvas/paper) needed to paint in the media of your choice.

Program #: 5014.316
Ages/Grade: 18 yrs and over
Days: Tuesday
Dates: September 20 - December 20
No Program: 10/4, 10/11
Time: 12:45 - 2:45 pm
Fee: \$42 (12 Weeks)
Location: Brookside Recreation Center
Arts & Crafts Room
Instructor: Betsy Liano

No NEWS Is Good NEWS!

Unless you hear from us, assume you are in the class you registered for.

SUPER NOGGIN!

Super Noggin teaches health practices for brain fitness and Alzheimer's Prevention strategies. Each workshop, new brain health information is shared with assignments to activate and stimulate both body and brain. Back to school! Get your brain into a new mindful routine with this workshop. This workshop will kick off the fall series-- where we go from here in our Brain Fitness journey will be decided by you and your classmates!

TEN STEPS TO BRAIN FITNESS teaches you what you need to know to stay as mentally sharp as possible. This fun and interesting class covers important topics such as diet, sleep, humor, stress, exercise and memory fitness.

Program #: 5360.316
Ages/Grade: 50 yrs and over
Days: Friday
Dates: September 30
Time: 10:00 - 11:30 am
Fee: \$16 (1 Day)
Location: Brookside Recreation Center
Conference Room
Instructor: Emily Krohn

Specific Interest Programs

AMERICAN SEWING GUILD

If you love to sew, come join this informative group. Meet new friends and bring lifelong friends with you.

Ages: Adults of any age
Dates: 1st Tuesday of each month
Time: 7:00 pm
Location: Brookside Recreation Center Senior Lounge
Contact: 244-8908

BALANCE CLASS

Ron Wood, PT, of Clover Physical Therapy will be teaching a free balance class on the last Tuesday of each month starting at 10:15 am. He will demonstrate techniques that will improve coordination and help to prevent falls. Free, but please let us know you if you will be in attendance by leaving a message at 784-5266.

BEREAVEMENT SUPPORT GROUP

Especially for seniors whose spouse has died. This group provides an opportunity for discussion and refreshments. No Fee. Meets the 1st and 3rd Mondays from 1:30 - 3:00 pm. Sponsored by Lifetime Care. The meeting location takes place at the Wellness Center for Loss and Transition, 3111 S. Winton Road. (214-1000)

BRIDGE GROUP FOR INTERMEDIATE PLAYERS

This program is for experienced bridge players and is not geared toward beginners. No instruction is offered, but it is a good way to practice your playing skills. A partner is required to play. Some tables rotate and other tables choose to "stay put". There is no fee. This group meets on Mondays from 1:00-3:30 pm.

EUCHRE GROUP

This group meets on Tuesdays at 1:30 pm in the Multipurpose Room. It is an informal group and a working knowledge of Euchre is required. Players are welcome to drop in to play.

MAH JONGG GROUP

This drop in group meets on Wednesdays at 1:00 pm. No instruction is offered.

NEEDLEPOINT GUILD

The local chapter of the American Needlepoint Guild invites anyone interested in needlepoint to join our group. Learn about needlepoint through lectures, projects, guest teachers and chapter members. All skill levels are welcome. For more information call 442-4975.

Ages: Adults of any age
Date: 2nd Wednesday of each month
Time: 7:00 pm
Location: Brookside Recreation Center Multipurpose Room

NEEDLEWORKS

Bring any unfinished needlepoint project or a brand new project. Plan to work on your project in a very supportive environment. Get advice and inspiration from other group members, as there is no formal instruction. Stop in anytime to meet the group and see the projects in progress. Beginners are welcome. For more information you may call 442-4975.

Ages: Adults of any age
Dates: Every Wednesday
Time: 9:30 – 11:30 am
Location: Brookside Recreation Center Senior Lounge

PAINTED CANVAS

This is a small group of needle pointers who share a liking for stitching painted canvases. Please join us if you are interested in exploring new ways to bring your painted canvas to life with different stitches, new threads and other embellishments. Call 442-4975 for information about the group.

Ages: Adults of any age
Date: 4th Wednesday of each month
Time: 7:00 pm
Location: Brookside Recreation Center Senior Lounge

OPEN PICKLEBALL

Indoor Pickleball re-opens on Monday, September 19, and is played in the Large and Small Gyms at the following times:

Mondays: 10:30 am – 12:30 pm Advanced Players
1:00 – 3:00 pm Beginner & Intermediate

Fridays: 1:00 – 3:00 pm Open Play
6:30 – 8:30 pm Open Play

This is a drop-in event and people take turns playing. The fee is \$2.00 per session paid each time in the Main Office prior to play. Paddles and balls are available for players to borrow. Call 784-5266 for information. No DAYTIME pickleball on 10/3, 11/18, 12/9, 12/23, 12/26, or 12/30 due to school break. There will be NO PICKLEBALL on 11/11, 11/25, and 11/23 due to Center closings. Additional closures will be announced.

PINOCHLE GROUP

This group meets on Fridays in the Multipurpose Room at 1:00pm. Both single deck and double deck pinochle are played.

SCRABBLE

We have a small Scrabble group that meets on Wednesdays at 1:00pm. We are always welcoming new players.

WOMEN'S SHORT STORY CIRCLE

Do you enjoy reading and discussing short stories? This is the perfect group for you. The next book we will be reading is *Best of the South: From the Second Decade* edited by S. Ravenel and introduced by A. Tyler. If you would like to join, please call for information.

Ages: Adult women of any age
Dates: 2nd and 4th Fridays of each month
Time: 10:30 am – 12:00 pm
Location: Brookside Recreation Center Multipurpose Room
Contact: Liz Seely, 473-1463, or Sally Whitbeck, 461-3150

Out of Town Bus Trips



Adults of any age are welcome to attend. Brighton residency is not required. All trips depart from behind Brighton Town Hall, 2300 Elmwood Avenue. Specific trip flyers available by e-mail or by calling the Recreation Office at (585) 784-5260.

NEW YORK CITY OVERNIGHT

Date: Wednesday, Sept. 7 & Thursday, Sept. 8
Time: 7:00 am - 10:45 pm
Includes: DAY 1-

- Self-guided tour of FDR Presidential Library and Museum
- Guided tour of FDR's home. Stroll the 300-acre site's grounds, gardens, and trails
- Dinner at Shadows on the Hudson

DAY 2-

- A step-on tour guide weaves NYC history and anecdotes, making your sojourn around NYC not just a tour, but an experience.
- Stop in Little Italy for lunch, visit to 9/11 Memorial, Times Square, and more.

Cost: \$369 Single, \$289 Double, or \$269 Triple

AUBURN

Date: Wednesday, September 28
Time: 9:00 am - 8:45 pm

- Includes:**
- Visit to Red Jacket Orchards Farm Store in Geneva
 - Next stop is a visit to Sauders Store. Sauders, founded by Mennonites carries groceries, old fashioned items and hard-to-find items
 - Enjoy a matinee performance of the Million Dollar Quartet... four legends came together to make music at a recording session that will go down in history as the one and only time that Carl Perkins, Johnny Cash, Elvis Presley and Jerry Lee Lewis came together to make music.
 - The show will be followed by dinner at Holloway House in East Bloomfield

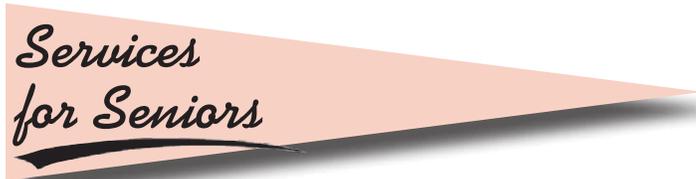
Cost: \$125.00

MT. MORRIS / LETCHWORTH

Date: Thursday, October 20
Time: 7:45 am - 6:00 pm
Includes: Visit the Mt. Morris Dam for video and dam overlook presentation, with time to explore the Visitors Center. Enjoy a guided tour of Letchworth State Park before lunch at the Yard of Ale Restaurant. Next stop is a visit to the Abbey of the Genesee, home to a group of contemplative Trappists Monks and creators of Monks' Bread. The tour concludes with a wine tasting at Deer Run Winery on Conesus Lake.
Cost: \$87.00

SYRACUSE

Date: Thursday, December 1
Time: 8:45 am - 9:00 pm
Includes: -Stop at Chocolate Pizza Company for mouth watering treats in unique shapes and varieties
-Get a jump on your Christmas shopping at Destiny USA. This is New York State's largest shopping center and premier dining and entertainment destination
-After your shopping adventures, enjoy dinner at Spaghetti Warehouse, followed by a driving tour through Lights on the Lake featuring two miles of breathtaking beauty. The shoreline of Onondaga Lake Park is transformed into a winter wonderland!
Cost: \$79.00



AARP SMART DRIVING COURSE (FORMERLY 55 ALIVE/MATURE DRIVING)

AARP sponsors this class to refresh your skills, update you on rules of the road and keep you driving happily and safely. This course, designed for people age 50 and older, may help you qualify for lower auto insurance rates. You do not have to be an AARP member to register. Classes fill up early. To register, you may now do so online at <http://www.townofbrighton.org/rec> by clicking the blue Register button, or call 784-5260 for assistance.

Ages: Adults
Days: Monday & Wednesday
Dates: October 3 & 5
November 7 & 9
December 5 & 7
Time: 8:45 - 11:45 am both days
Fee: \$20 for AARP Members,
\$25.00 for Non-Members
(Please bring a blank check to the class)
Location: Brookside Multipurpose Room,
220 Idlewood Road
(or use rear Columbus Way entrance off S. Winton Rd.)

BLOOD PRESSURE SCREENINGS

This service is sponsored by the Brighton Fire District and community volunteer nurses. On the scheduled dates, a trained person will be here to check your blood pressure. Call to make sure volunteers are here (784-5266).
Dates: Fourth Tuesday of the month
Time: 9:30 - 10:00 am
Fee: No Charge
Location: Brookside Recreation Center Conference Room

CASEWORKER SERVICE

An Eldersource Care Manager can provide information and assistance with various programs and benefits. Talk with the care manager about issues that concern you, on a first come, first served basis at the Senior Center. For those not able to come to the Senior Center, in-home visits are possible. Call 325-2800 for information about making an appointment with a care manager.
Ages: Older Adults
Dates: First Tuesday of the month
Time: 10:00 am - 12:00 pm
Location: Brookside Recreation Center Conference Room

LIFESPAN TRANSPORTATION SURVEY: CALL TO ACTION

Lifespan has coordinated a small group from Brighton and Penfield together dedicated to developing a volunteer transportation program to serve seniors in both areas. A survey has been created and will be utilized to assess demand and services needed. Please visit the survey website at <https://goo.gl/forms/OXHm6aGshfH1fzna2> or stop by survey dropbox locations at Brighton's or Penfield's Senior Center or Public Libraries. Please complete and return surveys by Friday, 9/15/16.

PARTNERS IN READING FOR SENIORS

The Brighton Memorial Library matches homebound seniors with library volunteers who pick up and deliver library materials. The volunteers are also willing to read to seniors who might be in need of that service. Call 784-5300 and ask for the P.I.R.S. program for information.

COMMUNITY RESOURCE DIRECTORY

Eldersource:	325-2800
Lifeline Transportation Service:.....	426-3520
Lifespan:	244-8400
Catholic Family Center:	262-7050
Or	262-7060
Jewish Family Service:	461-0110
RSVP OF GREATER ROCHESTER (volunteer program)	244-8400

Brighton Memorial Library

2300 Elmwood Avenue Rochester, NY 14618 • 784-5300; TDD 784-5302

Visit www.brightonlibrary.org, or call BML, for additional programs, details and updates.
All programs are free and open to the public. Programs are sponsored by the Friends of BML.

CHILDREN & FAMILIES

Drop-In Storytimes All Ages, Tot Time, Pajama Time, Preschoolers, Wobbly Toddlers, and Lapsit. Check for days and times.

Toddler Dance Party
9/7; 10/5; 11/2; 12/7 @ 10 AM

Lego Club 9/8; 10/13; 11/10; 12/8 @ 4:15 PM

Library Learning Lab for Homeschoolers
9/9; 10/7; 11/4; 12/2 @ 10:30 AM

Fall Family Festival 10/22 from 10-11:30 AM
Costumes welcome

Dressed to Protect: History of U.S. Military Uniforms 11/11 @ 10:30 AM

Family Movies 10/3, 10/4, 10/10, 10/11, 10/12; 11/11; 12/27, 12/28, 12/29, 12/30 @ 2 PM

Sixth Annual Scooby-Doo Movie Marathon
11/25 Check for details.

TEENS & TWEENS

Practice SAT & ACT with Chariot Learning.
Register (784-5300). Grades 9-12. Dates TBA

Otakus Anime Club 9/13, 9/27, 10/11, 10/25, 11/8, 11/22 @ 3:30 PM
Meet other anime fans, talk about manga, watch some anime. Grades 6-12. Register (784-5300).

5x7xDesign Teen Art Contest 10/1-12/1
See website or flyer for details. For 6th-12th graders who live in or attend school in Brighton.

Hallow-Teen Psych Night 10/25 @ 7 PM
Snacks, movie, crafts, henna tattoos, palm reading, and card games, plus door prizes for those who come in costumes. Open to grades 6-12.

ADULTS

BSI Debut Author Panel 9/8 from 12-1:30 PM
Meet and talk with local authors who have published their first books: Denise Thompson-Slaughter (*Elemental*), Sue Savard (*Autumn Leaves*), and Sylvia Jean Charlesworth (*Sylfish's War*). Sandwiches and beverages are welcome.

Tuesday Travelogues 9/13, 10/11 @ 12 PM Topics TBA.

Mourning and Milestones with Kathleen Fraser. grief-support group facilitator 9/14 from 6:30-8 PM

Read the Book & Join the Discussion Titles TBA
Tuesdays, 9/20, 10/18, 11/15, 12/20 from 1:30-3 PM
Wednesdays, 9/21, 10/19, 11/16, 12/21 from 7-8:30 PM

Books Sandwiched In 10/6 & 11/3 @ 12 PM
Titles TBA. Sandwiches are welcome; coffee/tea available.

TECHNOLOGY CLASSES

Tech Tutor 20-minute one-on-one sessions; get help with Internet questions; learn to send a text; or download OverDrive books to a device. Register (784-5300).

Microsoft Excel and PowerPoint Classes with Steve Dresbach of SUNY Geneseo Register (784-5300).
All classes are from 6:30 PM-8:30 PM
Get to Know Your iPad: Wed, 10/13
Microsoft Excel 2013: Wed, 11/2, 11/3, 11/10
Microsoft PowerPoint 2013: 11/30, 12/1

Got Health? Learning How to Find Reliable Health Information Online 9/16 @ 2 PM

THE AGE OF LOVE 9/29 @ 7 PM
Documentary film about speed dating for seniors.
Sponsored by Gift Fund. *Arrive early as space is limited.*

Presidential Legacies Month 10/16-11/12
Watch for lectures on Lincoln; movies; and more.

Friends of BML Big Book Sale
10/28-10/31 First day is for members (join/renew \$10 @ door or pay \$5 entry). 10/29 from 10 AM-5:30 PM; 10/30 from 1-3:30 PM (1/2 price sale); 10/31 from 10 AM-1 PM (\$3 bag sale). Most books are 50 cents-\$1.

PIRS Meet & Greet: 11/9 from 10 AM-12 PM
Partners in Reading for Seniors (PIRS) creates a partnership to bring library materials to homebound Brighton seniors. Guest speaker will be Karen Menachof, owner of Caring Transitions of Rochester for senior move management, downsizing, and estate liquidation. Sign up to be a volunteer or get an application for a senior to receive PIRS services. Call 784-5300 or stop in for details.

Knit Clique: Drop-In Knitting/Crocheting
Wednesdays 12-2 PM Snacks are welcome.

Check for more programs throughout the fall/winter.

Facility Rentals

Need a place to hold a party? Trying to get everyone together for a family reunion? Can't find that spot for your baby shower? Brighton Recreation offers many places for rent. Residents can reserve park facilities up to one year in advance, non-residents up to three months in advance. Brookside school is available after all programming needs have been met for the department. **All reservations must be made in person at the Brighton Recreation, located at 220 Idlewood Road.** Please call 784-5260 with any questions.

LODGE AT BUCKLAND

1341 Westfall Road
Capacity = 90 people

FEE SCHEDULE
Half Day / Full Day
\$95 / \$180 - Residents
\$120 / \$220 Non - Residents

FACILITY HOURS
9:30 am - 3:30 pm
4:30 - 9:45 pm

CARMEN CLARK LODGE

777 Westfall Road
Capacity = 100 people

FEE SCHEDULE
Half Day / Full Day
\$95/\$180 - Residents
\$120/\$220 - Non-Residents

FACILITY HOURS
9:30 am - 3:30 pm
4:30 - 9:45 pm

BROOKSIDE SCHOOL

220 Idlewood Road
FACILITY HOURS
9:00 AM - 9:00 PM (MON - SAT)

ROOM	CAPACITY	SEE
Multipurpose	60	\$24 ph
Arts & Crafts	36	\$22 ph
Large Gym	320	\$44 ph
Conference	20	\$18 ph

BUCKLAND PAVILION

1341 Westfall Road
Pavilion #1 = 40 people

FEE SCHEDULE
Half Day / Full Day
\$50/\$100

FACILITY HOURS
9:30 am - 3:30 pm
4:30 - 9:45 pm

New Fee Schedule as of 1/1/16

TOWN PARK PAVILIONS

777 Westfall Road
Pavilion #1 = 30 people
Pavilion #2 = 50 people

FEE SCHEDULE
Half Day / Full Day
\$30/\$60

FACILITY HOURS
9:30 am - 3:30 pm
4:30 - 9:45 pm

New Fee Schedule as of 1/1/16

FACILITY RULES

RULES APPLY TO BOTH INDOOR AND OUTDOOR FACILITIES

RESIDENTS CAN RENT UP TO ONE YEAR IN ADVANCE (PARKS)

NON-RESIDENTS CAN RENT UP TO THREE MONTHS IN ADVANCE (PARKS)

NO ALCOHOL ALLOWED

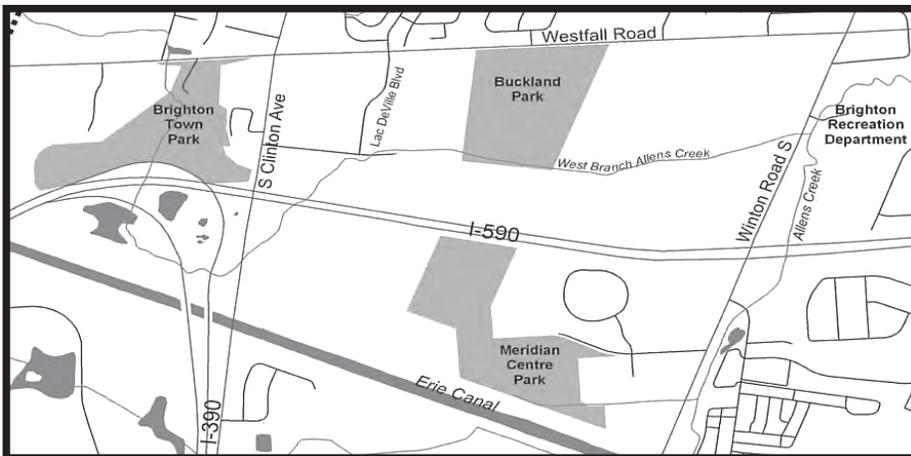
NO SMOKING PERMITTED IN ENCLOSED FACILITIES

NO LIVE BAND MUSIC

ALL FACILITIES COME "AS IS"

NO HELIUM BALLOONS IN LODGES

NO INFLATABLE BOUNCE HOUSES



The parks department needs your help keeping our parks and playgrounds clean!

- All park users must make an effort to help keep our parks and playgrounds clean and assist in our recycling efforts.
- Individuals and groups utilizing the parks MUST place ALL garbage into the available refuse and recycling containers located throughout the parks.
- Please place all returnable cans and bottles in the specific containers located at the concession buildings, or take them home with you.
- We expect groups and teams to pick up the playing areas, the spectator areas, the bench and dugout areas after every game and practice.
- Remember, Corbett's Glen is a carry out park.

Let's all do our best to keep our parks clean! Thank you in advance for doing your part to keep the parks beautiful!

Brighton Park Facilities

The Town Parks Department manages and maintains over 427 acres of parkland and open space for the benefit and enjoyment of its citizens and visitors alike. Please stop by and spend some time at our facilities – we know you'll enjoy the experience.

GENERAL PARK RULES AND REGULATIONS

- Parks open at 7:00 am and close at 10:00 pm
- No motor vehicles are allowed on any park trails
- All pets must be leashed
- Alcohol is prohibited
- Hunting is prohibited
- Open fires are prohibited
- No Helium Balloons in lodges



Town of
Brighton

We need your help in keeping your Town Parks safe and in good condition. If you see damage at any of the facilities, please call the Recreation Office at 784-5260.

Our Town Parks are monitored by the Brighton Police Department. If you have a park emergency please dial 911.

BRIGHTON TOWN PARK



Located at 777 Westfall Road. This 28-acre site includes: one lodge (up to 100 people), two pavilions (the smaller one holds up to 30 people, the larger one holds up to 50 people), a playground, a softball field, and a nature path through a wooded area located next to a 12-acre pond. A blacktop walkway, located to the west of the lodge, will lead you to the NYS Erie Canal path.

MERIDIAN CENTRE PARK



Located at 2025 Winton Road South, off of Meridian Centre Blvd. This 56-acre parcel includes: three multiuse fields, two little league fields, one youth softball field, a playground area, two tennis courts, a concession/restroom facility, an amphitheatre, a boat dock, a fishing dock, a two mile nature trail and a perimeter trail that has access to the NYS Erie Canal path. **Trail Map available online at: www.townofbrighton.org**

BUCKLAND PARK



Located at 1341 Westfall Road. This park has one major league baseball field, two junior baseball fields, three multiuse fields, three playgrounds, one concession/restroom facility, a pavilion (that accommodates 40 people), a lodge facility (up to 90 people), two multiuse fields, two tennis courts, two basketball courts and a perimeter park trail.

In addition, the Town in partnership with the Brighton Rotary has renovated the Historic Buckland farmhouse. The Town also acquired additional acreage to the east of the current 50-acre parcel. This additional land, which is adjacent to the current parcel, will give the residents of Brighton their long anticipated central park.

CORBETT'S GLEN NATURE PARK



Has two access areas. One is located off of Glen Road, near route 441. Park patrons must park at the top of Glen Road, and walk through the tunnel to access the park trail. The second location is an 8-car parking lot located off of Penfield Road, across from Forest Hill Road. This 52-acre parcel includes: 2 miles of 8 ft. wide trails, a boardwalk area, a deck viewing area, and a seating area that views the postcard falls. **Trail Map available online at: www.townofbrighton.org**

PERSIMMON PARK



Located at the southwest corner of Highland Avenue and South Clinton Avenue. This 10-acre wood parcel has a ¼ acre open lawn area for people to walk through and enjoy. A sitting area is located off the main park entrance, which is located on South Clinton Avenue.

LEHIGH VALLEY TRAIL



Is a multiple use trail that runs from the University of Rochester (U of R) to Brighton Henrietta Town Line Rd. It then proceeds through the Town of Henrietta to the Rush/Mendon segment. The whole trail is approximately 22 miles in length. The trail is accessible in Brighton at East River Road and Crittenden Road.

How to Register

Resident Registration Begins: Tuesday, September 6

Non-Resident Registration Begins: Tuesday, September 13

Registrations received by mail or drop box prior to registration start date will be processed with the mail received on the first day of registration.

It's easy to register for Brighton Recreation Programs!

(Online, in person or by mail)

- ⇒ Create your online user account (see directions to the right) **OR**
- ⇒ Fill out forms completely, only **ONE FAMILY** per registration form (all others will be returned). Register by stopping in or mailing your completed registration form.
- ⇒ Register early. Classes are cancelled based on registration numbers one week prior to start of each class.
- ⇒ Participants requesting special accommodations should register at least 10 days prior to the start date of class so needs can be determined.
- ⇒ **Registration forms will be returned to you without being processed if they are un-signed, incomplete, not legible, and / or have incorrect payment (we will not hold a space in the class for you).**

Mail completed registration form to:



Brighton Recreation & Parks
220 Idlewood Road
Rochester, NY 14618

Or bring completed forms in person with cash, check or VISA, MASTERCARD, DISCOVER during regular business hours.

Monday — Friday, 9:00 am — 5:00 pm

A \$20 administrative fee will be charged for all checks returned for insufficient funds.

Registrations received in the mail or drop box will be processed as staff are available.

You will receive confirmation (via email or mail) once your registration has been processed.



Online Registration Guidelines:

You may register for programs *ONLINE!*

We are now using an online registration system, Rec1 to allow you the most convenient experience possible when registering for a program. By utilizing our online services you will be able to:

- * View available programs, special events and activities
- * Create, manage and view your own personal listing of activities
- * Update your account regularly, view and print receipts
- * View available credits
- * Receive email updates and more!

Getting started is easy, just follow these simple steps to create your unique user account and manage your information anywhere!

To create your online account:

1. Go to www.townofbrighton.org/rec
2. Click on "Register Online" button
3. Click the "New Account" button at the top of the screen
4. Enter your account information
5. Select your user name and password
6. Hit the "Save" button
7. Select the "Register Now" button and explore all the great programs that are available through the Recreation Department!

Please email or call with any questions:

brighton.recreation@townofbrighton.org
585-784-5260.

REFUND POLICY

NO REFUNDS except when the department cancels a program **or** if you move before a program starts **or** a doctor certifies illness of a participant. A \$10 administration fee will be withheld on all refunds unless the class is cancelled.

All requests must be made in writing at least 2 weeks prior to program start date.

TRANSFER POLICY

Requests to transfer from one program to another must be made **2 weeks** prior to class start date. A \$10 administrative fee will be charged and **MUST** be paid before request is processed.

Registration Form

Resident Registration Begins: Tuesday, September 6
Non-Resident Registration Begins: Tuesday, September 13

Register Online!! - www.townofbrighton.org/rec

Thinking about registering for a class?

- ✓ Fill out forms completely, only **ONE FAMILY** per registration form (all others will be returned).
- ✓ Register Promptly! Classes are cancelled one week prior to start date if they haven't met their minimum.
- ✓ With advance notice we will try to accommodate requests for participants for special needs.

Town of Brighton Recreation & Parks Department/www.townofbrighton.org
220 Idlewood Rd., Rochester, NY 14618/585-784-5260/TTY 585-784-5381

Parent / Guardian / Self _____ E-Mail _____

Current Address _____ City _____ Zip _____ Brighton Res.? _____
All notifications will be sent to above address)

Preferred Phone _____ Work Phone _____ Cell Phone _____

Participant Name	M	F	Birthdate	Age	Grade	Program Name	Program #	Fee
TOTAL:								\$

Refund Policy / Photo Release

No refunds except when the department cancels a program or if you move before a program starts or a doctor certifies illness of a participant. A \$10.00 administration fee will be withheld on all refunds unless class is canceled. A \$20 administrative fee will be charged for all checks returned for insufficient funds. I hereby release Brighton Recreation and any of its staff from any responsibility from any connection with this activity. I also fully realize that I must provide proper hospitalization. I also give my consent for photos taken of my child or myself to be used by the Recreation Department for promotional material, including but not limited to our Seasonal Brochure and use on the Town Website without prior notification.

➔ **Please Sign** that you agree to the conditions above _____ Please check this box if you DO NOT want your or your child's photo to be used.
(Parents must sign for children under 18 years old)
 (All participating adults must sign)

Medical Conditions: _____

(please include participant name) _____

Other Accommodations: _____

Please contact the Brighton Recreation Dept. to discuss further: 585-784-5260 or brighton.recreation@townofbrighton.org

..... OFFICE USE ONLY

Acceptable forms of payment:

- Cash
- Check
- VISA
- Master Card
- Discover

Please make checks payable to
BRIGHTON RECREATION

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Expiration Date ____ / ____ **Signature** _____

Receipt _____ Amt. Paid _____ Date Posted _____

WHAT ARE WE MISSING?

Please let us know if we are missing a program area you would like to see offered, what we can do a better job at and any suggestions that you may have for the Recreation & Parks Department. We **ALWAYS** welcome your feedback!

Name: _____ (Optional) Phone # _____

Town Board Meetings

Public Forum 7:00 pm - Meeting 7:30 pm

Brighton Town Board Meetings are Cablecast LIVE on Cable Channel 12

MEETING SCHEDULE

2016

August 24

September 14

September 28

October 13*

Thursday

October 26

November 9

November 22*

Tuesday

December 14

December TBD

The Town Council encourages citizen attendance at these meetings, held at Brighton Town Hall, 2300 Elmwood Avenue. Community Forum meetings are also planned for West Brighton and East Brighton locations. Watch this newsletter, local newspapers and Cable 12 for more information.



Come discover some of the hidden treasures in the Town Parks of Brighton. Trails, waterways and wildlife await your arrival. See page 31 for details on all our parks.

TIES

(Together Including Every Student)

Would your child like to join a community activity but needs individualized support? Would your child like an opportunity to share an activity they enjoy or be involved in a community service program? TIES is a program sponsored by the Brighton Central School District that trains student volunteers ages 13-18 to support students ages 8-21 with developmental disabilities in community and extracurricular activities. The volunteer attends the activity chosen by the child and provides the needed support. TIES promotes inclusion, learning and fun for all! Please contact Karen McGraw at Karen_McGraw@bcsd.org, with questions or for an application.

Stone-Tolan House

Open for drop in visitors Fridays & Saturdays noon to 3:00 pm, March through December. For more information contact, 546- 7029 ext. 14 or www.landmarksociety.org

Mentoring Club

In the Fall of 2005, Brighton Youth Together joined forces with the Brighton Central School District Mentoring Club. Twelve Corners Middle School and Brighton High School students meet weekly at the TCMS Cafeteria from 3:00 - 4:00 pm. This high-energy group is working on building the 40 Developmental Assets for youth and community service projects while building relationships with their fellow students. Everyone is welcome!

This club is designed for teens just like YOU!

The Mentoring Club will help you to:

- Build relationships within our community
- Be a community Teen Leader
- Share your ideas with other Teen Leaders
- Help create and implement new programs
- Have FUN while supporting the 40 Developmental Assets for Youth

What A Great Way To Build Assets For Yourself & The Community!

For more information and meeting schedule contact:

Rebecca Cotter at 784-5260 or rebecca.cotter@townofbrighton.org

A special thanks to the N.Y.S. Division for Youth and Rochester/Monroe County Youth Bureau for their continued financial support.

Parks, Recreation & Community Services Advisory Board Members

Denis Conley
Larry Davis
Coleridge Gil
Beth Keigher
Mark Kokanovich
Jackie Marchand
Joshua Marvald
Mike Tullio
Elaine Vitone
Ray Warrick
Michael Zobel

LET US KNOW WHAT YOU THINK!

We have changed the format of the brochure and want to know what you think! Please let us know where we could make additional improvements.

We always welcome comments on programs and are always looking for new program ideas. Please email us your feedback at brighton.recreation@townofbrighton.org or call us directly at 784-5260



Town of
Brighton



2016 Brighton Farmers' Market

The 2016 Brighton Farmers' Market is in full swing. This year over 50 farmers and vendors offer a variety of high-quality fruits, vegetables, meats, dairy, baked goods, flowers, plants, and much more. People enjoy the Market for the good food and fun, but they're also making the world a better place -- buying fresh food directly from the farmers is one of the best things we can do to support a stronger local food system. Each week there is also live music, activities for children, food trucks, community groups, recycling, and staff from the Brighton Food Cupboard. SNAP customers are

welcome; please ask at the Market tent about the SNAP bonus program.

The summer Brighton Farmers' Market is held every Sunday through October 30, 9 am to 1 pm, in the Brighton High School parking lot, 1150 Winton Road S. The winter Brighton Farmers' Market opens Sunday, November 6, 1-4 pm, and

will be held in Brighton's Brookside Center, 220 Idlewood Rd. Sign up for weekly market newsletters at www.brightonfarmersmarket.org, or follow the Market on Facebook.

The Brighton Farmers' Market is sponsored by the Town of Brighton.



Brighton's Semi-Annual Electronics Recycling and Paper Shredding Events • SATURDAY, October 15, 2016

From 9:00 a.m.-12:00 noon at the Highway Department Parking Lot, 1941 Elmwood Ave.

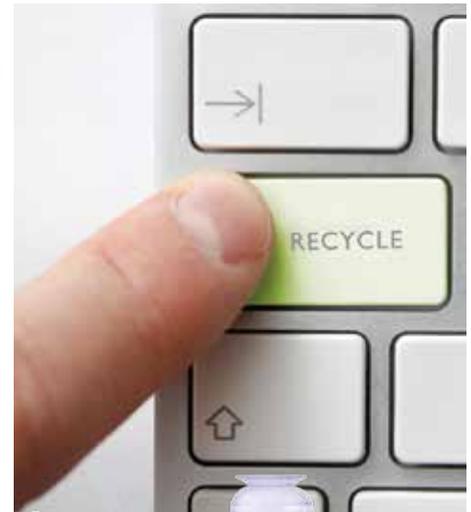
Bring your old electronic equipment and/or your old documents to Brighton's Electronics Recycling and Paper Shredding event on **October 15, 2016** (rain or shine). These two events will take place at the same time and place. **There is no charge for either service.**

AT THIS TIME THE ELECTRONICS INDUSTRY CANNOT ACCEPT CRT

TELEVISIONS OR MONITORS (THE NEWER FLAT SCREEN MODELS WILL BE ACCEPTED).

A total of **209,986** pounds of electronics (**105 tons**) and **146,526** pounds of paper (**73.25 tons**) has been collected to date!

For more information on any of these programs, email or call Councilmember Louise Novros at lnovros@aol.com or 244-3533.



Brighton's Semi-Annual Pharmaceutical "Take-Back" Program • SATURDAY, October 22, 2016

From 10:00 am - 2:00 pm Brighton Town Hall Public Safety Wing.

Help ensure a cleaner and safer environment by participating in the Town of Brighton's prescription drug take-back event at Brighton Town Hall's Public Safety Wing. Citizens are asked to dispose of outdated and/or unwanted

prescriptions and over-the-counter medications by dropping them off between 10:00 am - 2:00 pm on **October 22, 2016**. **There is no charge for this event.**

A total of **21,235** pounds of pharmaceuticals (**10.5 tons**) has been collected to date!



Town of Brighton Recreation and Parks Department

220 Idlewood Road
Rochester, NY 14618
(585) 784-5260

PRSRT STD
US POSTAGE
PAID
Rochester, NY
Permit No. 01107



"This Brochure Printed on Recycled Paper with Soy Based Ink."



Conversations with Town Clerk Daniel Aman

I want to lead with one important note – **we no longer have our P.O. Box** so please update your records. After this tax cycle, anything sent to that address will be returned and you could owe additional interest on your tax payment.

The 2016-17 School Tax bills will be mailed during the last week of August. If you do not receive your bill by Sept. 7, please call my office (784-5240) right away so we can investigate. Full payments are due by Monday, October 3 and for those wishing to pay by the installment option; the first payment is due on or before Thursday, September 15. Complete payment instructions and deadlines can be found on the reverse side of your bill.

Please **DO NOT** use online bill pay – I know, I use it for everything too - but when you use this service, your bank still actually mails us a

paper check. NYS Real Property Tax Law Section 925 defines the payment date as the USPS postmark or (absent a postmark) the day it is actually received. Online bill payment checks do not receive a USPS postmark, so they are not considered paid until we physically receive the envelope. This can be days (or in some cases weeks) after you tell your bank to make the payment and therefore, it could result in you owing additional interest.

1st Installments or full payments can be made in person at Town Hall, or at either of the M&T branches (S. Clinton or Monroe Ave) in Brighton, or by mail. Second and Third Installments are made directly to Monroe County.

As a reminder, we are open until 6pm Monday thru Thursday (5pm on Fridays) to let you stop in after

work to take care of your business with the Clerk's Office. You can make passport and marriage license appointments as late as 5:30pm. Of course, we are still issuing Dog Licenses & Accessible Parking Permits, accepting tax payments and providing Notary services also.

If you ever have any questions or suggestions on how we can serve you better, please do not hesitate to stop by the office or to let me know by phone, email or @BrightonClerk on Twitter.

